

Acclimation tips for Transfer Students

Transfer Students face unique challenges:

- Adjusting to a new environment
- Pressure to complete a major in limited time; increased academic rigor
- Making new friends; breaking into established social circles
- Financial aid and resource access

Strategies for adapting to your new campus life:

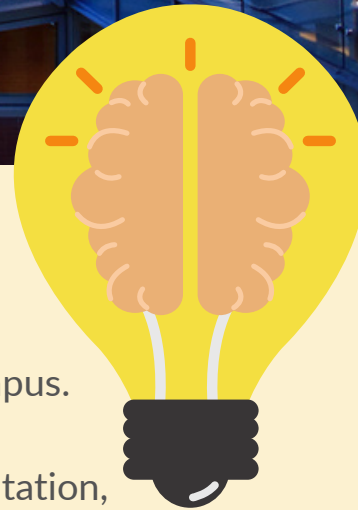
- Utilize campus resources. Attend events and social offerings to meet people and gain more knowledge about SU
- Connect with your academic advisor and make a graduation plan
- Visit the Learning Assistance Programs (LAPs) office to develop study skills, receive tutoring, and join study groups
- Speak with the counseling center (CAPS) for support and resources

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What to anticipate:

Many transfer students experience difficulties transitioning to a new campus. This can lead to academic struggles or social disorientation, but don't be alarmed. Strategies other students have used can help you acclimate. Utilize advisors and campus offerings to build reliable educational and social foundations.



For more resources or questions contact:
CAPS (Counseling and Psychological Services)
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