

BS, Kinesiology Major Courses											
	Course	Title	CR	FQ22	WQ23	SQ23	FQ23	WQ24	SQ24	Pre & Co-Requisites/Notes	
Year One	Knowledge Building and Comprehension	KINE 1100	Applied Human Anatomy	4	X	X		X	X	MJR-ONLY; PRM-DEPT for non-majors; COREQ: KINE 1101	
		KINE 1101	Applied Human Anatomy Lab	1	X	X		X	X	MJR-ONLY; PRM-DEPT for non-majors; COREQ: KINE 1100	
		KINE 1200	Applied Human Physiology	4		X	X		X	X	PREQ: KINE 1100/1101; MRJ-ONLY; PRM-DEPT for non-majors; COREQ: KINE 1201
		KINE 1201	Applied Human Physiology Lab	1		X	X		X	X	PREQ: KINE 1100/1101; MRJ-ONLY; PRM-DEPT for non-majors; COREQ: KINE 1200
		KINE 1300	Health & Wellness	5		X	X		X	X	MJR-ONLY; PRM-DEPT for non-majors
Year Two	Foundational Theory	KINE 2100	Exercise Psychology	5	X		X	X		X	PREQ: KINE 1300
		KINE 2200	Biomechanics	4	X	X		X	X		PREQ: KINE 1100/1101; COREQ: KINE 2201
		KINE 2201	Biomechanics Lab	1	X	X		X	X		PREQ: KINE 1100/1101; COREQ: KINE 2200
		KINE 2300	Exercise Physiology	4		X	X		X	X	PREQ: KINE 1100/1101, KINE 1200/1201; COREQ: KINE 2301
		KINE 2301	Exercise Physiology Lab	1		X	X		X	X	PREQ: KINE 1100/1101, KINE 1200/1201; COREQ: KINE 2300
		KINE 2400	Motor Control and Learning	4	X		X	X		X	PREQ: KINE 1100/1101, KINE 1200/1201; COREQ: KINE 2401
		KINE 2401	Motor Control and Learning Lab	1	X		X	X		X	PREQ: KINE 1100/1101, KINE 1200/1201; COREQ: KINE 2400
Year Three	Advanced Application of Theory	KINE 3100	Professional Standards in Kinesiology	3	X			X		JR-STND or SR-STND	
		KINE 3200	Exercise Programming	4		X			X	PREQ: KINE 2300/2301; COREQ: KINE 3201	
		KINE 3201	Exercise Programming Lab	1		X			X	PREQ: KINE 2300/2301; COREQ: KINE 3200	
		KINE 3300	Physical Activity Across the Lifespan	5			X			X	PREQ: KINE 1300; JR-STND or SR-STND
		KINE 3400	Principles of Human Nutrition	5			X			X	PREQ: KINE 1200/1201
Year Four	Student Focus	KINE 4100	Research Methods	5	X	X		X	X	SR-STND	
		KINE 4950	Internship	10	X	X	X	X	X	SR-STND; PRM-DEPT; Students must register for KINE 4950 - Senior Internship via Handshake Experience Request	

BS, Kinesiology Electives (Optional)										
Course	Title	CR	FQ22	WQ23	SQ23	FQ23	WQ24	SQ24	Pre & Co-Requisites/Notes	
KINE 2500	Sport Psychology	5		x ¹						
KINE 3960	Independent Study	VAR								
KINE 4200	Principles of Strength & Conditioning	4			x ¹					PREQ: KINE 2200/2201, KINE 2300/2301; COREQ: KINE 4201
KINE 4201	Principles of Strength & Conditioning Lab	1			x ¹					PREQ: KINE 2200/2201, KINE 2300/2301; COREQ: KINE 4200
KINE 4910	Special Topics	5		PRN ²			PRN ²			JR/SR-STND; MJR-ONLY or PRM-DEPT
KINE 4XXX	Coaching	5						x ¹		
KINE 4XXX	Sports & Society	5					x ¹			
KINE 4960	Independent Study	VAR								

BS, Kinesiology with Honors										
Course	Title	CR	FQ22	WQ23	SQ23	FQ23	WQ24	SQ24	Pre & Co-Requisites/Notes	
KINE 4780	Directed Study	5		X			X			Cumulative and major GPA of 3.5; Advisor approval; PREQ: Grade of B+ in KINE 4100
KINE 4790	Thesis	5			X			X		PREQ: Grade of B+ in KINE 4780

¹Offered every other year

²Topics will rotate

NOTE: In order for a pre-requisite to be considered fulfilled, it must be completed with a minimum grade of C- (with the exception of KINE 4780 and KINE 4790). These are tentative course predictions and are subject to change. Check "Search for classes" on mySU/Student Planning before your registration for an updated schedule.