

Year 1

	Fall	Winter	Spring
Course 1	Language 1 1150 (5)	Language 11 1250* (5)	Language 111 1350* (5)
Course 2	UCOR Module I (5)	UCOR Module I (5)	HIST 1200, 1210 or 2310 (5)
Course 3	UCOR Module I (5)	UCOR Module I (5)	UCOR Module I (5)

Steps for Success

- Meet with your Academic Advisor
- Create plan in Student Planning
- Get Involved

Year 2

	Fall	Winter	Spring
Course 1	ANTH, SOCL, or SOCW Elective (5)	SOCL 3310 Class and Inequality 3320 Race and Ethnicity or 3330 Gender and Sexuality (5) or equivalent	ANTH, SOCL, or SOCW Elective (5)
Course 2	UCOR Module I (5)	SOCL 3210 Society & Behavior (5)	General Elective (5)
Course 3	UCOR Module II* (5)	UCOR Module II* (5)	UCOR Module II* (5)

Steps for Success

- Meet with your Academic Advisor(s)
- Plan for Study Abroad
- Meet with Career Engagement Office

Year 3

	Fall	Winter	Spring
Course 1	SOCL 3110 Sociological Reasoning (5)	SOCL 3120 Sociological Theory (5)	SOCL 3130 Sociological Research Methods* (5)
Course 2	General Elective (5)	General Elective (5)	General Elective (5)
Course 3	UCOR Module III* (5)	UCOR Module III* (5)	UCOR Module III* (5)

Steps for Success

- Find Internship or Research Opportunities
- Meet with Faculty Advisor
- Review Educational Plan

Year 4

	Fall	Winter	Spring
Course 1	ANTH, SOCL, or SOCW Elective (5)	ANTH, SOCL, or SOCW Elective (5)	SOCL 4900 Senior Synthesis (5)
Course 2	ANTH, SOCL, or SOCW Elective (5)	ANTH, SOCL, or SOCW Elective (5)	General Elective (5)
Course 3	General Elective (5)	General Elective (5)	General Elective (5)

Steps for Success

- Meet with Faculty Advisor
- Apply for Graduation
- Continue Post Graduation Planning

University Core Requirements

UCOR classes are listed in the sample plan as Module I, II, and III. See below for UCOR course titles listed by Module. See my.seattleu.edu for prerequisites and www.seattleu.edu/core for course descriptions. Honors and Matteo Ricci students have different Core requirements.

Module I

UCOR 1100 Academic Writing Seminar

UCOR 1200 Quantitative Thinking

UCOR 1300 Creative Expression & Interpretation

UCOR 1400 Inquiry Seminar in the Humanities

UCOR 1600 Inquiry Seminar in the Social Sciences

UCOR 1800 Inquiry Seminar in the Natural Sciences

Module II

UCOR 2100 Theological Explorations

UCOR 2500 Philosophy of the Human Person

UCOR 2900 Ethical Reasoning

Module III

UCOR 3100 Religion in a Global Context

UCOR 3400 Humanities and Global Challenges

UCOR 3800 Natural Sciences and Global Challenges

Degree Requirements

- Total Credits Required for Degree: 180
- Credits in Core: 60
- Credits in College: 20
 - HIST 1200, 1210 or 2310
 - Modern Language 1150, 1250, 1350 or demonstrated proficiency
- Credits in Major: 60
- GPA cumulative minimum: 2.00
- GPA major minimum: 2.00

Resources for Success

- Map out your own plan through My.SeattleU.edu
- Meet with a Career Advisor from the [Career Engagement Office](#)
- Sign up for academic support with [Learning Assistance Programs](#)
- Explore career options at the [“What Can I Do With This Major” page](#)
- Learn more about academic advising on the [Advising Services page](#)

Curriculum Notes

- 30 upper-division (3000/4000 level) credits in sociology (SOCL), social work (SOCW), and/or anthropology (ANTH) will be required for graduation.
- Transfer students must complete a minimum of 25 credits in SOCL, SOCW and/or ANTH at Seattle University.



Use MySeattleU Student Planning to plan your courses and work closely with your academic advisor on your educational plan. You are responsible for knowing information and tracking changes. Contact your Advising Center for support.

Arts & Sciences Advising
ASCAdvising@seattleu.edu

Seattle U Advising Services
<http://www.seattleu.edu/advising>