

# ALEXANDRA (LEXA) K. MURPHY, PH.D.

## CURRICULUM VITAE

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**Clinical Psychologist, Washington State** 2019 - Present

**Non-Tenure Track Faculty in Psychology** 2020 - Present  
Seattle University, Seattle, WA

## EDUCATION & TRAINING

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Postdoctoral Fellow 2018 - 2020  
Seattle Children's Research Institute, Seattle, WA

Predoctoral Internship 2017 - 2018  
University of Washington and Seattle Children's Hospital, Seattle, WA

Ph.D. in Clinical Psychological Science 2012 - 2018  
Vanderbilt University, Nashville, TN  
Dissertation: *The Structure of Maternal Communication in Childhood Cancer: Confirmatory and Exploratory Factor Analysis and Longitudinal Relation to Maternal Distress*

M.S. in Clinical Psychological Science  
Vanderbilt University, Nashville, TN  
Master's Thesis: *Static and Dynamic Predictors of Posttraumatic Stress Symptoms in Adolescents after Cancer Diagnosis*

B.A. in Psychology, Summa Cum Laude 2005 - 2009  
Emory University, Atlanta, GA

## PEER-REVIEWED PUBLICATIONS

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1. Murray, C. B., **Murphy, L. K.**, Palermo, T. M., & Clarke, G. M. (2012). Pain and sleep-wake disturbances in adolescents with depressive disorders. *Journal of Clinical Child and Adolescent Psychology*, 41(4), 482-490.
2. Law, E. F., **Murphy, L. K.**, & Palermo, T. M. (2012). Evaluating treatment engagement and participation in an Internet-based behavioral intervention for pediatric chronic pain. *Journal of Pediatric Psychology*, 37(8), 893-903.
3. Holley, A., Law, E. F., Zhou, C., **Murphy, L. K.**, Clarke, G., & Palermo, T. M. (2013). Reciprocal longitudinal associations between pain and depressive symptoms in adolescents. *European Journal of Pain*, 17(7), 1058-1067.
4. Law, E. F., Bromberg, M. H., Noel, M., Groenewald, C., **Murphy, L. K.**, & Palermo, T. M. (2015). Alcohol and tobacco use in youth with and without chronic pain. *Journal of Pediatric Psychology*, 40(5), 509-516.
5. Murray, C. B., Amaro, C. M., Devine, K. A., Psihogios, A. M., **Murphy, L. K.**, & Holmbeck, G. N. (2015). Observed macro- and micro-level parenting behaviors during preadolescent family interactions as predictors of adjustment in emerging adults with and without Spina Bifida. *Journal of Pediatric Psychology*, 40(1), 18-32.

6. Bemis, H., Yarboi, J., Gerhardt, C. A., Vannatta, K., Desjardins, L., **Murphy, L. K.**, Rodriguez, E., & Compas, B. E. (2015). Childhood cancer in context: Sociodemographic factors, stress, and psychological distress among mothers and children. *Journal of Pediatric Psychology, 40*(8), 733-743.
7. **Murphy, L. K.**, Rodriguez, E., Dunn, M., Gerhardt, C. A., Vannatta, K., Saylor, M., Schwartz, L., Bemis, H., Desjardins, L. & Compas, B. E. (2016). Longitudinal associations among maternal communication and adolescent posttraumatic stress symptoms after cancer. *Journal of Psycho-Oncology, 25*(7), 779-786.
8. Rodriguez, E., **Murphy, L. K.**, L., Vannatta, K., Gerhardt, C. A., Young-Saleme, T., Saylor, M. M., Bemis, H., Desjardins, L., Dunn, M. J., & Compas, B. E. (2016). Maternal coping and depression as predictors of mother-child communication about a child's cancer. *Journal of Pediatric Psychology, 14*(3), 329-339.
9. **Murphy, L. K.**, Compas, B. E., Reeslund, K., Gindville, G., Mah, M., Markham, L. W., & Jordan, L. C. (2017). Cognitive and attentional deficits in adolescents and young adults with Tetralogy of Fallot and d-Transposition of the Great Arteries. *Child Neuropsychology, 23*(1), 99-110.
10. **Murphy, L. K.**, Murray, C. B., & Compas, B. E. (2017). Topical review: Integrating findings on direct observation of family communication in studies comparing pediatric chronic illness and typically developing samples. *Journal of Pediatric Psychology, 42*(1), 85-94.
11. Bettis, A. H., Coiro, M. J., England, J., **Murphy, L. K.**, Zelkowitz, R. L., Desjardins, L., ... & Compas, B. E. (2017). Comparison of two approaches to prevention of mental health problems in college students: Enhancing coping and executive function skills. *Journal of American College Health, 65*(5), 313-322.
12. Keim, M. C., Lehmann, V., Shultz, E. L., Rausch, J. R., Barrera, M. E., Gilmer, M. J., **Murphy, L. K.**, Vannatta, K., Compas, B. E. & Gerhardt, C. A. (2017). Parent-child communication and adjustment among children with advanced and non-advanced cancer in the first year following diagnosis or relapse. *Journal of Pediatric Psychology, 42*(8), 871-881.
13. **Murphy, L. K.**, Thomsen, K. F., & McLaughlin, F. J. (2017). Behavioral treatment of aerophagia in a typically developing 3-year-old: A case report. *Clinical Practice in Pediatric Psychology, 5*(3), 258-2663.
14. **Murphy, L. K.**, Compas, B. E., Gindville, G., Reeslund, K., & Jordan, L. C. (2017). Cognitive performance over time in children with intracerebral hemorrhage. *Developmental Medicine and Child Neurology, 59*(11), 1146-1151.
15. **Murphy, L. K.**, Bettis, A., Gruhn, M. A., Vannatta, K., Gerhardt, C. A., & Compas, B. E. (2017). Resilience in adolescents faced with cancer: Associations of coping with positive and negative affect. *Journal of Developmental and Behavioral Pediatrics, 38*(8), 646-653.
16. **Murphy, L. K.**, Stone, A. S., Walker, L. S., Acra, S., Hawkins, S., & McLaughlin, F. J. (2018). Development of a pediatric psychology practicum for doctoral trainees in the context of outpatient pediatric gastroenterology. *Clinical Practice in Pediatric Psychology, 6*(3), 278-288.
17. Prussien, K. V., **Murphy, L. K.**, Gerhardt, C. A., Vannatta, K., Bemis, H., Desjardins, L., Cole, D. A., & Compas, B. E. (2018). Longitudinal associations among maternal depressive symptoms, child emotional caretaking, and child anxious/depressed symptoms

- in pediatric cancer. *Journal of Family Psychology*, 32(8), 1087-1096.
18. **Murphy, L. K.**, Preacher, K., Rights, J., Rodriguez, E., Bemis, H., Desjardins, L., Prussien, K. V., Winning, A., Gerhardt, C. A., Vannatta, K., & Compas, B. E. (2018). Maternal communication in childhood cancer: Factor analysis and relation to maternal distress. *Journal of Pediatric Psychology*, 43(10), 1114-1127.
  19. Palermo, T. M., Zempsky, W., Dampier, C., Lalloo, C, Hundert, A., **Murphy, L. K.**, Bakshi, N., & Stinson, J. N. (2018). iCanCope with Sickle Cell Pain: Design of a randomized controlled trial of a smartphone and web-based pain self-management program for youth with sickle cell disease. *Contemporary Clinical Trials*, 74, 88-96.
  20. Gruhn, M. A., Bettis, A. H. , **Murphy, L. K.**, Reising, M., Dunbar, J., Forehand, R., & Compas, B. E. (2019). Coping and observed emotion in children of parents with history of depression. *Journal of Child and Family Studies*, 28(6), 1581-1594.
  21. Siciliano, R. E., Prussien, K. V., Lee, C. A., Patel, N. J., Murphy, L. K., Compas, B. E., & Jordan, L. C. (2019). Cognitive function in pediatric hypoplastic left heart syndrome: systematic review and meta-analysis. *Journal of Pediatric Psychology*, 44(8), 937-947.
  22. Fales, J., **Murphy, L. K.**, Palermo, T. M., et al. (2020). Daily associations among peer victimization, mood, pain, and disability. *Journal of Pain*, 21(1-2), 97-107.
  23. Sharp, K. M., Fisher, R. S. Clark, O. E., Dunnells, Z. D., **Murphy, L. K.**, Prussien, K., Vannatta, K., Compas, B. E., & Gerhard, C. A. (2020). Predicting long-term trajectories of depression symptoms in mothers of children with cancer. *Health Psychology*, 39(2), 89.
  24. **Murphy, L. K.**, Palermo, T. M., Meert, K. T... Zimmerman, J. (2020). Longitudinal course and predictors of caregiver and family functioning after community-acquired pediatric septic shock. *Pediatric Critical Care Medicine*, 21(9), 787-796.
  25. **Murphy, L. K.**, Suskind, D., Qu, P., Zhou, C., Gashi, K., Kawamura, J., Palermo, T. M. (in press). Abdominal pain during the first year after pediatric inflammatory bowel disease diagnosis: Results from the ImproveCareNow Network. *Journal of Pediatric Gastroenterology and Nutrition*, 71(6), 749-754.
  26. Jordan, L. C., Siciliano, R., Cole, D. A., Lee, C. A., Patel, N. J., **Murphy L. K.**, Markham, L. W., Prussien, K. V., Gindville, M. S., Compas, B. E. (2020). Cognitive training in children with hypoplastic left heart syndrome: a pilot randomized trial. *Progress in Pediatric Cardiology*, 57, 101185.
  27. **Murphy, L. K.**, van Tiggelen, T., Levy, R., Palermo, T. (2020). Understanding psychosocial and parenting needs of mothers with IBS with young children. *Children*, 7(8), 93.
  28. **Murphy, L. K.**, Heathcote, L. C., Prussien, K. V., Rodriguez, E., Hewitt, J. A., Schwartz, L. E., Ferrante, A., Gerhardt, C. A., Vannatta, K., & Compas, B. E. (2021). Dynamics and longitudinal predictors of parent-child communication about potential cancer recurrence during childhood cancer survivorship. *Psycho-Oncology*, 30(4), p. 536-545.
  29. **Murphy L. K.**, de la Vega, R., Kohut, S., Kawamura, J., Levy, R. L., Palermo, T. M. (2021). Systematic review: Psychosocial correlates of pain in pediatric inflammatory bowel disease. *Inflammatory Bowel Diseases*, 27(5), p. 697-710.
  30. Desjardins, L., Rodriguez, E., Dunn, M., Bemis, H., **Murphy, L. K.**, Manring, S., & Compas, B. E. (2020). Coping and Social Adjustment in Pediatric Oncology: From Diagnosis to 12 Months. *Journal of Pediatric Psychology*, 45(10), 1199-1207.

31. **Murphy, L. K.**, Tham, S., Palermo, T. M., Stone, A. L., Han, G. T., Bruehl, S., Garber, J., Walker, L. S. (in press). Comorbid sleep disturbance in adolescents with functional abdominal pain. *Behavioral Sleep Medicine*.
32. **Murphy, L. K.**, Rights, J. D., Ricciuto, A., Church, P. D., Kohut, S. A. (in press). Biopsychosocial predictors of presence and intensity of pain in pediatric inflammatory bowel disease. *Frontiers in Pediatrics*.
33. Siciliano, R., **Murphy L. K.**, Prussien, K. V., Henry, L. M., Watson, K. H., Patel, N. J., Lee, C. A., McNally, C., Markham, L. W., Compas, B. E., Jordan, L. C. (in press). Cognitive and attention profiles in children with hypoplastic left heart syndrome. *Journal of Clinical Psychology in Medical Settings*.

## **BOOK CHAPTERS**

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1. Compas, B. E., **Murphy, L. K.**, Yarboi, J., Gruhn, M. A., & Watson, K. (2019). Stress and coping in families: Context for challenges and opportunities, in Friese, B., Celano, M., Deater Deckard, K., Jouriles, E., & Whisman, M. (Eds.), *APA Handbook of Contemporary Family Psychology*. Washington D.C.: APA.
2. Tham, S. W., Wilson, A. C., **Murphy, L. K.**, & Palermo, T. M. (in press). Measurement of health-related quality of life and physical function. *Oxford Textbook of Paediatric Pain, Second Edition*.

## **INVITED TALKS (ONLY FIRST AUTHOR LISTED)**

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1. **Murphy, L. K.**, Law, E. F., Tai, G. G., Churchill, S., & Palermo, T. M. (2012, April). Longitudinal sleep patterns in youth with chronic pain and healthy peers over one year. Paper presented at symposium at the Midwest Conference in Pediatric Psychology, Milwaukee, Wisconsin.
2. **Murphy, L. K.**, Rodriguez, M., Dunn, M., Bemis, H., Desjardins, L., Gerhardt, C. A., Vannatta, K., & Compas, B. (2014, November). Maternal communication mediates the relation between maternal and adolescent posttraumatic stress symptoms after adolescent cancer diagnosis. Paper presented at symposium at the Annual Meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
3. **Murphy, L. K.**, Thigpen, J., Rodriguez, M., Desjardins, L., Bemis, H., Gerhardt, C. A., Vannatta, K., & Compas, B. (2016, October). Children's emotional caretaking in pediatric cancer: The cost of caring for mom's distress. Paper presented at symposium at the Annual Meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.
4. **Murphy, L. K.**, Rodriguez, E., Bemis, H., Desjardins, L., Rights, J., Gerhardt, C., Vannatta, K., Preacher, K., & Compas, B. (2018, April). Maternal communication after pediatric cancer diagnosis: Factor analysis and relation to maternal distress. Paper presented at the Hematology/Oncology/Bone Marrow Transplant SIG symposium at the Society of Pediatric Psychology Annual Convention, Orlando, FL.
5. **Murphy, L. K.**, Palermo, T. M., Fales, J. (2019, April). Daily associations among peer victimization, mood, sleep, pain, and disability. Paper presented during Outstanding Trainee Research Symposium at the Society of Pediatric Psychology Annual Convention, New Orleans, LA.

6. **Murphy, L. K.**, Murray, C. B., Palermo, T. M. (2020, June). Young adults with chronic pain transitioning from pediatric to adult care: Barriers and opportunities. Paper presented at the Understanding Pediatric Pain Seminar Series at Cincinnati Children's Hospital.
7. **Murphy, L. K.**, Suskind, D., Qu, P., Zhou, C., Gashi, K., Kawamura, J., Palermo, T. M. (2020, September). Abdominal pain during the first year after pediatric inflammatory bowel disease diagnosis: Results from the ImproveCareNow Network. Paper presented at ImproveCareNow Community Conference.

## **MEDIA**

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Boughton, D. & Swinger, C. (2018, April 30). Ways to foster mindfulness in children. *New Day Northwest, King 5*. Retrieved from:  
<https://www.king5.com/article/entertainment/television/programs/new-day-northwest/teaching-mindfulness-to-your-kids-helps-to-reduce-depression-panic-disorders-or-trauma/281-547242784>

## **CLINICAL EXPERIENCE**

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**Washington State Psychology License: PY60891956**

**Independent Practice  
Alexandra Murphy PhD, PLLC**

2020 - Present