

ENRICO GNAULATI Ph.D.**CURRICULUM VITAE**

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Date and Place of Birth: 11/20/60, Glasgow, Scotland
(Naturalized U.S. Citizen, July, 1989)

California State Licensed Psychologist PSY 15738

Family Status: Married, one child

Languages: Intermediate knowledge of Spanish

EDUCATION

- 1996 Ph.D., Clinical Psychology, Columbia University.
(Child and Adolescent Assessment and Therapy Track)
- 1994 M.Phil., M.S., Clinical Psychology, Columbia University.
- 1988-1990 Post-Graduate Research, University of Washington.
- 1987 M.A., Psychology, Seattle University.
- 1985 B.A., American Studies; Minor, Philosophy, California State University,
Fullerton.

ACADEMIC TEACHING AND RESEARCH EXPERIENCE

- 1998- *Lecturer, Child & Family Studies and Psychology Departments*
- 2004 California State University, Los Angeles.

Duties: Courses taught

CHDV 200 Observation Techniques for the Study of Young Children
CHDV 424 Divorce, Remarriage and Children
CHDV 425 Ethnic Identity and Awareness in Children and Families
CHDV 430 Parent-Child Relationship Over the Life Span
CHDV 431 Family Dynamics and Parenting
CHDV 432 Social Dynamics of Parenting
CHDV 496 Senior Seminar
CHDV 503 Working with Parents
CHDV 502 Children Under Transitory Stress
CHDV 470 The Family and the Law
CHDV 437 Families, Children and Crises.
PSY 160 Psychology of the Developing Person
PSY 410A Abnormal Psychology
PSY 464 Psychology and the Law
HHS 101 Introduction to the University

Other duties: Academic advisement; MSAT waiver evaluations; fieldwork coordinator.

- 1998- **Adjunct Professor of Psychology**, California School of Professional
 2000 Psychology, Los Angeles Campus.
 Duties: Instructor for:
PSY 523A Systems Intervention
- 1994- **Adjunct Professor of Psychology**, City College, City University, NYC.
 1995 Duties: Instructor for :
PSYCH 331 The Evolution of Modern Psychology (Fall 94)
PSYCH 256 Human Development: Youth and Adolescence (Spring 1995)
- 1992- **Graduate Teaching Assistant**, Department of Developmental and
 1994 Educational Psychology, Teachers College, Columbia University.
 Duties: Teachers assistant for:
TK 5023 Theories of Human Development
TK 5029 Personality Development Across the Lifespan
 Classroom lectures; facilitated weekly discussion
 groups/workshops on topics in developmental psychology;
 graded papers.
- 1988- **Research Assistant** to Robert Kohlenberg Ph.D., Psychology Department,
 1990 University of Washington.
 Duties: Data entry and analyses related to behavior therapy research;
 supervision of undergraduate research assistants; participant in
 graduate seminars on neobehaviorism; discussant on integration
 between psychodynamic psychotherapy and behaviorism.

CLINICAL EXPERIENCE

- 1998- **Private Practice**, Pasadena, California.
 Present Duties: Individual & family therapy with children and adolescents;
 psychotherapy with adults; psychological testing; couples therapy;
 assessment of learning disabilities; educational testing; parent
 consultation; clinical supervision.
- 2017- **Volunteer Consultant**, Counseling West, Sherman Oaks, CA.
 Present Duties: Biannual clinical presentations.
- 2008- **Volunteer Consultant**, Rose City Counseling Center, Pasadena.
 2015 Duties: Supervision of post-doctoral interns.
- 2005- **Volunteer Consultant**, Pasadena Mental Health Center
 2009 Duties: Monthly clinical presentations on child therapy and assessment.
- 1995- **Child Psychologist**, Los Angeles Child Guidance Clinic
 1999 Duties: Psychological testing, crisis intervention, individual
 & family therapy with children and adolescents; non-
 public school psychologist; IEP evaluations; ADHD groups; anger
 management groups; supervisory responsibilities.

1995- ***Predoctoral Internship***, Department of Psychiatry, Kaiser-Permanente
1996 Medical Center, Los Angeles.

Duties: Short-term psychotherapy with individuals, couples & families;
psychological testing; child therapy & assessment elective;
specialized in individual/family/group therapy with ADHD/ODD
adolescents; co-led parenting group.

1991- ***Trainee Psychologist***. Center for Psychological Services, Teachers
1996 College, Columbia University.

Duties: Intake interviews; long-term & short-term psychotherapy with
adults, adolescents & couples; play therapy with children; family
interventions; psychological testing with adults, adolescents &
children; 600 hrs of patient contact; 350 hrs of supervision by
clinical psychologists.

1991- ***Graduate Resident Assistant***, Department of Residence Life. Teachers
1995 College, Columbia University.

Duties: Mental-health specialist on staff. Interventions related to:
domestic violence; conflict resolution; suicide risk; supportive
counseling; supervisory responsibilities; sponsored lectures,
presentations, & entertainment events.

1991- ***Outpatient Therapist/Research Consultant***, HOPE Program, Brooklyn,
1993 NYC.

Duties: Short-term supportive psychotherapy for homeless job-training
clients; 300 hrs client contact; 75 hrs of clinical supervision;
advisory role research topics, data collection & research design.

1986- ***Crisis Intervention Specialist/Outpatient Therapist***, Mental Health/North
1991 Seattle, Washington.

Duties: Crisis intervention; dangerousness assessments; long-term &
short-term individual psychotherapy; family therapy; case-
management for the acutely and chronically mentally ill; co-led
group for dual-dx male clients; screening & referrals; chairman of
safety committee; in-service presentations. 5200 hrs of patient
contact/500 hrs of clinical supervision during tenure at MH/N.

LECTURES AND PRESENTATIONS

2019 *Staying Calm and Holding One's Ground: Parenting with Authority*,
Holy Family School Annual Parents Meeting, South Pasadena, CA.

2018 *Disciplined Compassion: Reaching Beyond Mere Empathy and
Therapeutic Neutrality to Optimize Client Improvement*. Seattle
University. Seattle, WA.

- 2018 *No Laughing Matter: The Therapeutic Use of Humor with Clients.* San Gabriel Valley, CAMFT.
- 2018 *Disciplined Compassion: Reaching Beyond Mere Empathy and Therapeutic Neutrality to Optimize Client Improvement.* San Gabriel Valley Psychological Association, Pasadena, CA.
- 2017 *Evidence Based is Evidenced Biased: The Problematic Privileging Of Cognitive Behaviorism in Psychotherapy Research and Practice.* IMT School for Advanced Studies, Lucca, Italy.
- 2016 *Children at Risk for a False Diagnosis,* Northwestern University.
- 2016 *Success at Life is not Just Success at School,* Flintridge Preparatory School, La Canada, CA.
- 2016 *Practicing with Personality,* San Gabriel Valley Psychological Association, Pasadena, CA.
- 2016 *Back to Normal,* Seattle University, Seattle, WA.
- 2015 *Staying Calm and Holding One's Ground: Parenting with Sensitivity and Authority,* Sequoyah School, Pasadena, CA.
- 2014 *Evidenced Based is Evidenced Biased: In Support of In-Depth Psychotherapy,* San Gabriel Valley Psychological Association.
- 2014 *The Overdiagnosis Problem in Children,* Flintridge Preparatory School, La Canada, CA.
- 2014 *Parenting with Authority,* Fusion Academy, Pasadena, CA.
- 2014 *Parenting with Authority,* Walden School, Pasadena, CA.
- 2012 *Risky Business: How to Talk with Your Kids About Risk-Taking Behaviors,* Oakwood School, North Hollywood, CA.
- 2012 *A Play Therapy Primer,* Maple Counseling Center, Beverly Hills, CA.
- 2012 *Young Children at Risk for a False Diagnosis of Autistic Spectrum Disorder,* California Council of Parent Participation Nursery Schools Conference, Marriott Hotel and Convention Center, Burbank Airport, CA.
- 2012 *Mentally Gifted, Not Mentally Disordered,* California Association

- Of Independent Schools Annual Conference, Campbell Hall,
North Hollywood, CA.
- 2012 *Handling Overt Conflict in Couples Therapy*, San Gabriel Valley
Psychological Association, Pasadena, CA.
- 2012 *Peacemaking with Preschoolers*, Childcare Resource Center,
Chatsworth, CA.
- 2011 *When to Go Toe-to-Toe: Healthy and Necessary Parent-Child
Conflicts*, St. Sebastian School, West Los Angeles, CA.
- 2011 *Parenting: High Standards to Strive For*, Sequoyah School,
Pasadena, CA.
- 2011 *Anxiety and Inconsistencies in Academic Performance*, Consortium of
Learning Specialists, Los Angeles.
- 2011 *Love with Limits and Limits with Love*, Temple Knesseth Israel,
Los Angeles, CA.
- 2010 *The Ordinarity of Good Psychotherapy*, 29th International Human
Sciences Conference, Seattle University, Seattle, WA.
- 2010 *Children and Videogames: Playful Devices or Poisonous Vices?*
Sequoyah School, Pasadena, CA
- 2010 *Judging What is Normal in Children: Behavior Quirk or Behavior
Problem*. Sequoyah School, Pasadena, CA
- 2009 *An Introduction to Play Therapy*, The Maple Counseling Center,
Beverly Hills, CA.
- 2009 *Relational Play Therapy with Children: An Intensive Workshop*, CEU
Course, Pasadena, CA.
- 2009 *Learning for Success: Know Your Child's Learning Style*, Sequoyah
School.
- 2009 *The ABC's of Raising a Non-Aggressive, Yet Assertive/Spirited Child*,
The Cottage Nursery, Pasadena, CA.
- 2009 *Mild/Moderate ADHD or Garden-Variety Childhood Narcissism?* Los
Angeles County Psychological Association Annual Convention.

- 2009 *Ancient Explanations for Modern Psychological Maladies: The Therapist's Guide to Evolutionary Psychology*, San Gabriel Valley Psychological Association.
- 2009 *When to Go Toe-to-Toe: Healthy and Necessary Parent-Child Conflicts*, Sequoyah School, Pasadena, CA.
- 2009 *Engaging Parents in Child Therapy*, Fuller Theological Seminary, Pasadena, CA.
- 2009 *Engaging Parents in Child Therapy*, Five Acres, Altadena, CA.
- 2008 *Emotion-Regulating Play Therapy with ADHD Children: Staying with Playing*, Association for Play Therapy 24th Annual Conference, Dallas, TX.
- 2008 *Emotion-Regulating Play Therapy with ADHD Children: Staying with Playing*, California Association for Play Therapy 3rd Annual Conference, Cucamonga, CA.
- 2008 *Passion, Desire and Perseverance: Cultivating Motivation in Children*, Sequoyah School, Pasadena, CA.
- 2007 *Adjunctive Parent Work in Child and Adolescent Therapy: Critical Reflections*, San Gabriel Valley Psychological Association.
- 2006 *Love with Limits and Limits with Love*, The Cottage Nursery, Waverly School community hall, Pasadena, CA.
- 2006 *Underachievement: Psychological and Pedagogical Solutions*, California Association of Independent Schools, Southern Regional Meeting, Campbell Hall, North Hollywood, CA.
- 2006 *Getting Serious About Play: Avoiding the Dangers of Overscheduling, Overachievement and Overuse of Electronic Games with Children*, Walden School, Pasadena, CA.
- 2006 *Understanding Underachievement: Why Saying "Just Do It" Doesn't Work*, Mayfield School, Pasadena, CA.
- 2005 *How to Stay Sane When Your Teenager is Behaving Insanely*, California Institute of Technology.
- 2005 *Working with the Unconscious: Relational and Lacanian Perspectives*, Co-presented with John Wayne Ph.D., San Gabriel Valley Psychological Association.

- 2005 *A Post-Modernist Revamping of Play Therapy: Research and Clinical Implications*, 24th International Human Science Research Conference, Bournemouth University, England.
- 2005 *Play Therapy Reconsidered: The Therapist as Observant Participator*, California Psychological Association Annual Convention, Pasadena, CA.
- 2004 *Unlocking Your Child's Potential: Keys to Self-Motivation*, California Institute of Technology.
- 2004 *ADHD: Novel Treatment Approaches*, Los Angeles County Psychological Association CEU Program, Huntington Memorial Hospital, Pasadena, CA.
- 2004 *Innovations in Psychoanalytic Play Therapy*, San Gabriel Valley Psychological Association.
- 2004 *Making Room for Daddy: The Developmental Importance of Fathers for Children*, St. Rita's School, Sierra Madre, CA.
- 2004 *ADHD Assessment: The Unasked Questions and Alternative Possibilities*, California Association of Independent Schools, 2004 Southern Regional Meeting, Campbell Hall, North Hollywood, CA.
- 2003 *Discipline, Diligence, and Determination: Promoting Self-Motivation in Children*, Mayfield School, Pasadena, CA.
- 2003 *Discipline, Diligence, and Determination: Promoting Self-Motivation in Children*, Highpoint Academy, Pasadena, CA
- 2003 Conference Moderator, *Clinical Applications of Attachment Theory, with Drs. Mary Main and Erik Hesse*, San Gabriel Valley Psychological Association.
- 2003 *Affect Regulating Play Therapy with ADHD Children*, Huntington Memorial Hospital, Pasadena, CA.
- 2003 *An Analysis of Billy Elliot*, Newport Psychoanalytic Institute.
- 2003 *Musing on Losing: Helping Preschoolers Cope with Loss, Failure and Disappointment*, Los Angeles Family School.
- 2003 *Parenting Siblings*, Los Angeles Family School.

- 2003 *ADHD: Overlooked Cultural and Developmental Considerations*, California Psychological Association, Annual Convention.
- 2003 *Aggression in Children: Knowing What is Healthy and Unhealthy*, Mayfield School, Pasadena, CA.
- 2002 *Staying with Playing: Interpersonal Psychotherapy with the Action-Oriented Child*, Tribute to Stephen Mitchell, SGVPA and Institute for Contemporary Psychoanalysis, Co-Sponsored Fall Conference.
- 2002 *Promoting Emotional Intelligence in Young Children*, Los Angeles Family School.
- 2002 *Psychoanalytic Perspectives on the Father*, University of La Verne.
- 2002 *ADHD: Overlooked Cultural and Developmental Considerations*, San Gabriel Valley Psychological Association.
- 2002 *Publishing in Psychology Journals*, Alliant International University.
- 2002 *Disciplining Preschoolers*, Los Angeles Family School
- 2001 *The Effects of Father Absence on Children*. CALSWEC, U.C. Berkeley, School of Social Welfare.
- 2001 *Sibling Therapy: The Overlooked Treatment Modality*, San Gabriel Valley Psychological Association.
- 2000 *Common Problems in the Sibling Relationship*, Center for Infant and Parent Development, San Fernando Valley, CA.
- 1999 *Think Fast: Group Work With Hyperactive Children*, Los Angeles County Psychological Association's 11th Annual Conference, Los Angeles.
- 1999 *The Mental Health Professional in the Community*, Psychology Department, University of Southern California.
- 1999 *Paternally Deprived Adolescents in Psychotherapy*, Aviva Center's 15th Annual Conference on Critical Issues of Adolescence, Los Angeles.
- 1998 *Treatment Considerations with Children of Divorce*, Children's Hospital, Los Angeles.
- 1997 *Adolescent Suicidal Behavior*, Los Angeles Child Guidance Clinic.

- 1997 *The Developmental Importance of Fathers: Research and Treatment Issues*, Margarita Mendez Mental Health Center, Los Angeles.
- 1995 *Abusing the Drug Abuser: Winnicott on Hate in the Treatment of Addicts*, Addiction and Culture Conference, Claremont Graduate School.
- 1994 *Paternal Determinants of Separation-Individuation in Late Adolescence*, Psychology Department, Barnard College, Columbia University.
- 1990 *Interfacing Psychoanalysis and Behaviorism: A Practical Workshop for Clinicians*. Co-sponsored by the Psychology Department, University of Washington and Mental Health/North, Seattle, WA. Workshop conducted with Dr. Robert Kohlenberg, Associate Professor of Psychology, University of Washington.
- 1986 *The Experience of Self-Forgiveness*. Co-presented results of collaborative research project at Fifth Annual International Human Sciences Conference, University of California, Berkeley.

EXPERT TESTIMONY

- 2012 Retained by Paul C. Fricke Esq. and deposed 07/02/12 in case of Fricke vs. Tsai, Superior Court of California, Los Angeles (Expert witness on children's adjustment to divorce).
- 2009 Retained by Geragos & Geragos and deposed 09/04/09 in case of Danielyan vs City of Los Angeles and LAUSD.

ACADEMIC, PROFESSIONAL, AND PERSONAL ACHIEVEMENTS

- 2015 San Gabriel Valley Psychological Association Distinguished Member of the Year.
- 2008-2016 Appointed Trustee, Board of Directors, Sequoyah School, Pasadena, CA.
- 2009-2016 Chair, Committee on Trustees, Sequoyah School, Pasadena, CA
- 2005-2009 Program Committee Chair, San Gabriel Valley Psychological Association.

- 2002-2005 President, San Gabriel Valley Psychological Association.
- 2000 Service Award, California State University Los Angeles, Charter School of Education, for services related to MSAT waiver evaluations.
- 2001 Appointed Secretary/President Elect, San Gabriel Valley Psychological Association.
- 1995 Dean's Grant for Student Research, Teachers College, Columbia University.
- 1995 Carl H. Pforzheimer Fellowship.
- 1991-1994 Gladys Schweisting Scholarship. Department of Clinical Psychology, Teachers College, Columbia University.
- 1994 Member of Target of Opportunity Minority Faculty Search and Hiring Committee. Department of Clinical Psychology. Teachers College, Columbia University.
- 1988 Member of organizing committee for Seventh Annual International Human Sciences Conference, Seattle University. Group discussion facilitator during conference.
- 1984 The David Jon Vaca Memorial Undergraduate Scholarship in American Studies.
- 1979 High School All-American Soccer Team.

AFFILIATIONS

- 1987- Present American Psychological Association, affiliate member/full member.
- 1999- Present California Psychological Association, full member.
- 1999- Present San Gabriel Valley Psychological Association, full member.

MEDIA COVERAGE

China Global TV Network
 Al Jazeera America, Consider This.
 DDTVN, Warszawa, Poland.
 KPCC, Los Angeles, Take Two.
 WBUR, Boston, MA.
 KPFA, Berkeley, CA, Against the Grain.

People's Pharmacy, Radio Talk Show.
Progressive Radio Network.
Public Radio Tulsa, OK.
Wisconsin Public Radio.
Tom Woods Show.
The Coffee Klatch Radio Show
KBOO, Portland Oregon.
WTOP Radio, Washinton DC.
Newstalk, Dublin Ireland.

Featured in: *The Austalian*; *Prevention*; *Maclean's*; *The New Yorker*; *Huffington Post*.

BLOGS

Mad in America: *The Meaningfulness of Anxiety*; *In Defense of Healthy Mania*; *In Defense of Healthy Depression*; *The Woeful Underfunding of Psychotherapy by Health Insurers*; *Busting 7 Myths About the Practice of Psychotherapy*; *Healthy Guilt and Doing Right by Those we have Wronged*.

PUBLICATIONS

- Gnaulati, E. (2019). Ethical pitfalls in the promotion and practice of American Psychological Association approved PTSD treatments. (Accepted for publication in *Psychotherapy: Theory, Research, Practice, Training*.)
- Gnaulati, E. (2018). Overlooked ethical problems associated with the research and practice of evidence-based treatments. (Accepted for publication in the *Journal of Humanistic Psychology*).
- Gnaulati, E. (2018). *Saving Talk Therapy: How Health Insurers, Big Pharma, and Slanted Science are Ruining Good Mental Health Care*. Boston: Beacon Press.
- Gnaulati, E. Why Girls Tend to Get Better Grades Than Boys. *The Atlantic*. September 18, 2014. <https://www.theatlantic.com/education/archive/2014/09/why-girls-get-better-grades-than-boys-do/380318/>
- Gnaulati, E. The Isla Vista Shooter: This is Not the Autism Spectrum. *The Atlantic*. May 29, 2014. <https://www.theatlantic.com/health/archive/2014/05/the-isla-vista-shooter-suffered-from-pathological-narcissism-not-autism/371768/>
- Gnaulati, E. That's Not Autism: It's Simply a Brainy, Introverted Boy. *Salon*. September 21, 2013. http://www.salon.com/2013/09/21/thats_not_autism_its_simply_a_brainy_introve_rted_boy/

- Gnaulati, E. (2013). *Back to Normal. Why Ordinary Childhood Behavior is Mistaken for ADHD, Bipolar Disorder, and Autism-Spectrum Disorder*. Boston: Beacon Press.
- Gnaulati, E. (2012). Mentally Gifted, Not Mentally Disordered. California Association of Independent Schools Faculty Newsletter, 4-5.
- Gnaulati, E. (2012). *Why the School Day Should Start Later for Teenagers*.
www.edarticle.com/article.php?id=16883.
- Gnaulati, E. (2012). Mental Disorder or Survival Mechanism? Life Learning, 7-9.
- Gnaulati, E. (2012). Siri and Kids' Ids: The Freudian Seductions of the Latest iPhone.
<http://blogs.tc.columbia.edu/fera/2012/01/18/siri-and-kids%E2%80%99-ids-the-freudian-seductions--of-the-latest-iphone/>
- Gnaulati, E. (2010). *The ordinariness of good psychotherapy*, Analyze This.
- Gnaulati, E. (2009). Mild/Moderate ADHD or Garden-Variety Childhood Narcissism?
The Los Angeles Psychologist, August-September.
- Gnaulati, E. (2008). The Ins and Outs of Psychoeducational Testing. Analyze This.
- Gnaulati, E. (2008). Play that emotionally arouses and de-arouses children, Play Therapy, 4, 12-14.
- Gnaulati, E. (2008). Healthy ways to motivate kids, The Phoenix.
- Gnaulati, E. (2008) *Emotion-regulating therapy with ADHD children: Staying with playing*. Northvale, NJ: Aronson.
- Gnaulati, E., & North, S. (2005) *Peacemaking with preschoolers: Conflict resolution to promote emotional mastery and harmonious classrooms*. PMX Printing.
- Gnaulati, E. (2002). Extending the uses of sibling therapy with children and adolescents.
Psychotherapy, 39, 76-87.
- Gnaulati, E. (1999). Enhancing the self-esteem and social competence of hyperactive children: A semi-structured activity group therapy model. Group, 23(2), 87-101.
- Gnaulati, E. (1997). Giving in to feeling like giving up: Adolescent suicidal behavior.
In Touch, 4, 1-6.
- Gnaulati, E., & Heine, B. J. (2001). Separation-individuation in late adolescence: An investigation of gender and ethnic differences. Journal of Psychology, 135 (1), 59-70.

Gnaulati, E., & Heine, B. J. (1997). Parental bonding and religiosity in young adulthood. Psychological Reports, 81, 1171-1174.

Gnaulati, E., O'Connell, A. A., & Broughton, J. M. (2001). The influence of paternal bonding on the development of separation-individuation in late adolescence. (Unpublished Manuscript).

Merchey, J., Heine, B. J., & Gnaulati, E. (1998, April). Separation-individuation in late-adolescent females: The impact of paternal bonding. Poster session presented at The Western Psychological Association-Rocky Mountain Psychological Association Joint Meeting, Albuquerque, NM.

BOOK REVIEWS

Review of book proposals for Susan Reynolds, Senior Acquisitions Editor, American Psychological Association Books.