

Kate S. Guts
Curriculum Vitae
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Educational History

- 09/2009-06/2011 **Seattle University, Seattle, WA**
MA in Psychology, graduated 06/11
GPA, 4.0
- 09/2007 – 06/2009 **Seattle University, Seattle, WA**
BA in Psychology, graduated 06/09, Magna Cum Laude
Member of Psi Chi, Psychology Honor society
Psychology GPA 4.0

Faculty Positions

- 03/2012-Current **Seattle University, Full-time non-tenure track faculty**
I teach Introduction to Psychology, Growth and Development,
Abnormal Psychology, Writing and Research Methods
- 06/2011-6/2014 **Renton Technical College, Contingent Faculty**
I taught basic psychology courses to technical college students in the
general education program.

Clinical Experience & Practice

Washington Mental Health Counselor, license number: LH60666730

- 06/2011-Current **Private Practice Psychotherapist**
I have a small private practice in which I provide therapeutic support
for individuals and couples.
- 08/2010-09/2012 **Sound Mental Health, Psychotherapist Intern and Extern**
Part-time psychotherapy extern who worked with the chronically
mentally ill population. I facilitated both psychoeducational and
process oriented groups.

Most Current Continuing Education Courses: Yalom's Group Therapy Training (09/2018), Assessment and Intervention of Suicidal Clients (09/2018), Countertransference Issue and Trauma Processing (06/18), Grief Focused Therapy (06/2018, Advanced EMDR training (06/2018), Feminist Informed Trauma Treatment (06/2018), Internal Family Systems Therapy (07/2017), HIPPA training and the Ethics of Intake Interviews (07/2017), Therapeutic Ethics-Advanced Course (07/2017), Developmental Impact of Shame (7/2017), Clinical Supervision Training (7/2017), Suicide Interventions for Veterans (08/2017), Using Technology to Minimize Suicide Risks (08/2017), Trauma, Memory and Restoration (6/2017), Women and Addiction: Assessment, Treatment and Recovery (05/16), Advanced AIDS training (11/2015), Ethics workshop for Psychotherapists (04/16), Compassion and Mindfulness workshop (04/16), Advanced workshop on the Impact of trauma (01/16)

Research Experience & Positions Held

- 2016-2017 Conducted a study through Seattle University's Center for Community Engagement on shifting pedagogical structures to include service-learning with the aim of reducing student's stigma associated with marginalized populations and those suffering from mental illness
- 2010-2011 Conducted a qualitative inquiry into the phenomena of disturbing dreams
- 2010-2014 Conducted a dialogal phenomenological inquiry into the phenomena of deep connection and existential intimacy. Presented a 90-minute symposium at the *International Human Science Research Convention* in Oxford, UK and the academic article was published in the text *The Qualitative Vison for Psychology* (Duquesne University, 2016).
- 2009-2010 **Harborview Mental Health Services, Research Assistant**
Research assistant at Harborview's Department of Psychiatry studying suicidal behaviors demonstrated by those admitted into the emergency room.
- 2008-2009 **Harborview Mental Health Services, Research Assistant**
Research assistant on a project, which employed a modified version of DBT to help clients diagnosed with BPD find living-wage employment. I completed intake interviews, as well as three, six and, nine-month follow-up interviews.

Teaching Experience

Seattle University, Full-time Non-Tenure Track Lecturer

Introduction to Psychology

Spring Quarter 2012

Fall Quarter 2012

Winter Quarter 2013
Spring Quarter 2013
Fall Quarter 2013
Winter Quarter 2014
Spring Quarter 2014
Fall Quarter 2014
Winter Quarter 2015
Spring Quarter 2015
Fall Quarter 2015
Winter Quarter 2016
Spring Quarter 2016
Fall Quarter 2016
Winter Quarter 2017
Spring Quarter 2017

Abnormal Psychology

Spring Quarter 2015
Fall Quarter 2015
Spring Quarter 2016
Fall Quarter 2016 (two sections)
Winter Quarter 2017
Spring Quarter 2017
Winter Quarter 2018
Winter Quarter 2019

Online Abnormal Psychology

Summer Quarter 2018

Growth and Development

Fall Quarter 2012
Fall Quarter 2013
Fall Quarter 2014
Winter Quarter 2015
Winter Quarter 2016 (two sections)
Fall Quarter 2016
Spring Quarter 2018
Fall Quarter 2018

Writing for Research in Psychology

Winter Quarter 2018
Spring Quarter 2018
Fall Quarter 2018
Winter Quarter 2019 (section 01)

Hybrid (Online/In person) Writing for Research in Psychology

Winter Quarter 2019 (section 02)

Seattle University Service Contributions:

- 2016-2017 Academic Service Learning Faculty Fellow
- 06/2016 Panel of Academic Professionals at Transfer Student Open House
- 09/2017 Psi Chi Career Night, Professional Panel for Clinicians
- 09/2017 Completed 10-week CDLI Training course to build online and hybrid courses
- 05/2017 Panel of Academic Professionals at Transfer Open House
- 09/2017 Cross Course clinician presentation in undergraduate Counseling Course
- 09/2017 Cross Course clinician demonstration in graduate counseling course
- 08/2018 Joined the Ignite Mentorship Pilot Program, training, community events
- 09/2018 Panel of Academic Professionals at Transfer Open House
- 09/2018 Engaged in 2018-2019 Faculty Retreat
- 09/2018 Engaged in both 1:1 faculty advisor training with Dr. Elias and broad training
- 09/2018 Became a student advisor, advising 17 students with strategic educational plans

Renton Technical College, Lecturer

Introduction to Psychology

- Summer Quarter 2011 (two sections)
- Fall Quarter 2011 (three sections)
- Winter Quarter 2012 (three sections)
- Spring Quarter 2012 (two sections)
- Summer Quarter 2012 (three sections)
- Fall Quarter 2012 (one section)
- Winter Quarter 2013 (two sections)
- Spring Quarter 2013 (two section)
- Summer Quarter 2013 (three sections)
- Fall Quarter 2013 (one section)
- Winter Quarter 2014 (two sections)
- Spring Quarter 2014 (two sections)
- Summer Quarter 2014 (three sections)