

LADONNA SMITH

PROFESSIONAL SUMMARY

A compassionate and skilled professional with comprehensive experience in providing personalized treatment plans to improve client lifestyle. Possesses dynamic leadership and mentorship ability with skills including, but not limited to creating cohesive teams, organizing programs, and supporting staff to meet their goals. Seeking a career in teaching to utilize knowledge of working as a Licensed Marriage and Family Therapy Associate and impart skills to students.

PROFESSIONAL ATTRIBUTES

- Provides education to the clients, their family, and caregivers on treatment procedures to improve outcomes.
- Collaborates with teams to ensure optimal client experience and meet the clients' needs.
- Monitor and evaluate the results of treatment to analyze the effect and adjust treatments to achieve maximum benefit.
- Well-versed skillset, including organizational skills, time management, leadership, and analytical thinking.
- Caring approach, positivity, a friendly personality, and the ability to interact with people of all backgrounds.

PROFESSIONAL EXPERIENCE

Twin Lakes Counseling

Licensed Marriage and Family Therapy Associate/ Onboarding Mentor

Apr 2020 - Present

Serves as the main point of contact for individuals, couples, and families, responsible for providing treatment and education to these individuals. Mentors onboarding staff, support staff in learning technology platforms the practice utilizes, and assists clinicians in understanding practice policies and procedures.

- Evaluates clients in a holistic way, which assists in creating treatment goals and treatment plans designed to address their unique challenges.
- Vast understanding and hands on experience of working with at risk diverse populations in assisting them in coping with life stressors.
- Formulates progress notes and treatment plans to meet agency and State standards.
- Consults with teachers, social workers, and other mental health care professionals in order to provide appropriate and comprehensive treatment services for children, adults, and families.
- Maintains maximum client satisfaction levels by establishing compassionate and caring relationships with clients and their families and providing prompt assistance.

AAMFT Supervisor In Training

Currently enrolled in AAMFT fundamentals supervision course, under the mentoring of Dr. Laura Wallace. Expected completion date of the course is February 15th, 2021.

Marriage and Family Therapy Intern

Oct 2018 – Mar 2020

Completed over 500 hours of direct contact clinical hours providing individual, couple, family therapy, and child play therapy to patients experiencing anxiety, depression, chronic illness, relational conflict, life-stage transitions, trauma, grief, self-esteem issues, and provided suicide

VOLUNTEER EXPERIENCE

Speaking Life to the World Developers Outreach Program

(2012-2017)

Spoken Word Ministries (2010-2017): Motivated, mentored and inspired young people to prepare them for the leadership roles available in their future. Facilitated weekly (1-2 sessions weekly) sessions to evaluate and encourage their development.

CORE COMPETENCIES

- Skilled in experiential therapy
- Trauma Informed
- Clinical documentation
- Suicide assessment and intervention
- Family therapy background
- Play therapy
- Couples therapy
- Treatment of anxiety and depression
- Multiculturally Informed
- Christian counseling

HONORS

Alpha Lambda Delta Honors Society
2014

MEMBERSHIPS

Washington Association for Marriage and Family Therapy

EDUCATION

Masters of Arts in Couples and Family Therapy

Seattle University; Seattle, WA

March 2020

BA in Psychology

University of Washington; Tacoma, WA

August 2017

RELEVANT COURSEWORK

Research assistant to Dr. Lindsay McCunn (Competent of the Master's Degree Program). Through participation in this practice, I learned: research process and methods, in-depth literature reviews using academic material and design reports, composed manuscripts for publication, completed IRB application, and learned to apply survey methodologies. 2016-2017