

**Curriculum Vitae**  
**Sabrina Woon-Chen, MSW, LICSW**

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**SUMMARY**

As a Clinical Social Worker with over a decade of experience in the gender-based violence movement, my area of focus is understanding the clinical implications of intergenerational and historical trauma on the individual. Rooting my micro-practice within both mezzo and macro perspectives, I also believe in the importance of addressing the broader societal factors affecting well-being. I am dedicated to empowering survivors within Asian, Pacific Islander, and South Asian communities through community-driven responses and a lens of transformative justice, ensuring they receive the necessary support for healing, empowerment, and transformation.

**EDUCATION**

**Master of Social Work**, University of Washington School of Social Work 2016

Concentration: Mental Health

Master's Thesis: An Exploratory Qualitative Research Study on Resilience and Healing for Asian, Pacific Islander & South Asian Adult Survivors of Child Sexual Abuse

**Bachelor in Social Work**, Minor in Women Studies, Seattle University 2010

**CREDENTIALS**

#LW61015809 Licensed Independent Clinical Social Worker, State of Washington

**ACADEMIC APPOINTMENTS**

**Adjunct Instructor**, Seattle University School of Social Work 2022 - current

**Practicum Instructor**, University of Washington School of Social Work 2019 - 2022

**ACADEMIC SERVICE**

**Consultant**, Seattle University Department of Social Work Community Engaged Learning Departmental Planning Grant 2023 - current

## COURSES TAUGHT

|  |                                  |
|--|----------------------------------|
| <b>SOCW 3910 Global Migration, Historical Trauma &amp; Resilience within the Asian and Pacific Islander Diaspora</b> , Seattle University BSW Program<br><i>Created and developed course curriculum from inception.</i>  | SQ 2024<br>(upcoming)<br>SQ 2023 |
| <b>SOCW 4120 Practice III: Social Work with Organizations and Communities</b> , Seattle University BSW Program<br><i>Contributed significant revisions to syllabus to enhance content relevance and alignment with current social work practice standards.</i> | WQ 2024                          |
| <b>SOCW 1510 Introduction to Social Work: So You Want to Help?</b> Seattle University BSW Program  | FQ 2023<br>WQ 2023               |
| <b>SOCW 3050 Advocacy &amp; Activism for Social Justice</b> , Seattle University BSW Program   | SQ 2023<br>SQ 2022               |

## GUEST LECTURES

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| <b>An Introduction to Attachment Theory through a Somatic Lens</b> , SOCW 511 Micro/Meso Social Work Practice II: Families and Groups, University of Washington School of Social Work (Instructor Joanna La Torre)                  | 2024, Jan 10 |
| <b>Supporting Survivors of Sexual Trauma</b> , SOCW 3110 Practice I: Social Work With Individuals & Families, Seattle University School of Social Work (Instructor: Bobby Gaon)   | 2022, Feb 7  |
| <b>Incorporating a Historical Trauma Framework in Clinical Practice through the Utilization of the Genogram</b> , SOCW 598 Multicultural Mental Health. University of Washington School of Social Work, (Instructor: Norma Timbang) | 2020, May 22 |

## PRACTICE EXPERIENCE

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|--|----------------|
| <b>Mental Health Therapist II</b> , API Chaya, Seattle, WA   | 2019 - current |
| <ul style="list-style-type: none"><li>• Coordinating the agency's therapy program which includes managing client referrals, overseeing the development of the agency's policies and protocols related to therapy services, and providing clinical supervision to the agency's therapy team</li><li>• Providing individual therapy focused on processing trauma for individuals impacted by sexual assault, domestic violence, and/or human trafficking</li></ul> |                |

- Incorporating an anti-oppression framework when processing trauma with clients that consider historical & intergenerational trauma
- Providing clinical supervision and mentorship to graduate-level MSW mental health therapist interns

**Mental Health Therapist**, Asian Counseling & Referral Service, Seattle, WA 2017 - 2018

- Facilitated high school Southeast Asian young women’s group focused on incorporating trauma-informed mindfulness, building an anti-oppression framework, historical trauma, and healthy relationships
- Conducted and completed initial assessments, which included consideration of family migration history and trauma history, treatment plans, crisis plans, and treatment notes promptly according to contractual and agency standards

**Client Care Specialist**, King County Sexual Assault Resource Center, Renton, WA 2016 - 2017

- Collaborated with clients and their families in coordinating services, including scheduling clinical assessments, utilizing the GAIN-SS (Global Appraisal of Individual Needs – Short Screener) & PSC-17 (Pediatric Symptom Checklist – 17) to assess therapeutic needs, and brief initial screening of current impact of trauma and trauma history

**Care Coordinator Intern**, Sound Mental Health, Seattle, WA 2015 - 2016

- Provided individual therapy for middle school students and collaborated with referral sources, families, schools, and other systems involved in the youth’s lives to coordinate wrap-around services and ensure quality of care

**Youth Program Coordinator/Sexual Assault Advocate**, API Chaya, Seattle, WA 2011 - 2014

- Planned, developed, and co-facilitated an art-based 10-week, closed support group for Asian, Pacific Islander, and South Asian female survivors of sexual assault and abuse
- Coordinated and facilitated 2 youth leadership programs for 25 young Asian, Pacific Islander, and South Asian high school youth to develop the capacity to creatively engage with their communities around issues that contribute to dating violence and sexual assault
- Provided advocacy-based support for survivors of sexual assault through initial assessments, case management, and advocacy-based counseling

**Tobacco Cessation Quit Coach**, Alere Wellbeing, Seattle, WA 2010 - 2011

- Utilized motivational interviewing and strengths-based cognitive behavior therapy to empower individuals to overcome their tobacco addiction through phone based counseling

**Counselor Intern**, Asian Counseling & Referral Service, Seattle, WA 2009 - 2010

- Created, compiled, and organized progress notes, assessments, and safety plans for two youth clients

## RESEARCH EXPERIENCE

**Research Assistant**, University of Washington School of Social Work 2015 - 2016

## CONFERENCE PRESENTATIONS

Woon-Chen, S. (2014). Luki tenifa ‘i hono tahi. *Pacific Islander Violence Prevention Conference*. San Mateo, California.

Woon-Chen, S. (2014). API Chaya community organizing model. *Asian Desi Pacific Islander Freedom School Conference*. Eugene, Oregon.

Woon-Chen, S. (2013). Examining a culture of slut shaming among youth. *Washington State Coalition of Sexual Assault Programs Annual Conference*. Spokane, Washington.

Woon-Chen, S. (2012). Examining media in Asian and Pacific Islander youth and queer relationships. *Pulama I Ka ‘Ohana Women’s Conference*. Honolulu, Hawaii.

## AWARDS & FELLOWSHIPS

**Trainee**, Northwest Leaders in Behavioral Health Program, University of Washington School of Social Work 2015 - 2016

**Fellow**, Joshua Children’s Foundation on Child Sexual Abuse 2015 - 2016

**Member**, Ignatian Leadership Honor Society 2009 - 2010

**Recipient**, Mission Award for Outstanding Student Leadership, Seattle University 2008

**Recipient**, Mission Award for Outstanding Leadership in Justice, Seattle University 2007

## CERTIFICATIONS

**Cultural Somatics: Restore, Reclaim, & Resource**, 12 hour training by Resma Menakem, Seattle, Washington 2019