

*This is a sample and not the only way to complete this plan. Number of credits are in parentheses. *Some classes have prerequisites.*

Year 1

Fall	Winter	Spring	Steps for Success
UCOR 1XXX (5)	UCOR 1XXX (5)	UCOR 1XXX (5)	<input type="checkbox"/> Meet with Advisor
UCOR 1XXX (5)	HIST 1210 Studies in Modern Civilization (5)	INST 2000 Intro to International Studies (5)	<input type="checkbox"/> Draft Educational Plan
CHIN/JPAN Language 1150 I (5)	CHIN/JPAN Language 1250 II (5)	CHIN/JPAN Language 1350 III (5)	<input type="checkbox"/> Get Involved

Year 2

Fall	Winter	Spring	Steps for Success
UCOR 1XXX (5)	UCOR 1XXX (5)	INST 2300 Intro to Comparative Politics (5)	<input type="checkbox"/> Meet with Career Engagement Office
AIST 2000 Intro to Asian Studies (5)	INST 2100 World Geography (5)	AIST Elective Area II (5)	<input type="checkbox"/> Find Internship or Research Opportunity
CHIN/JPAN Language 2150 IV (5)	CHIN/JPAN Language 2250 V (5)	CHIN/JPAN Language 2350 VI (5)	<input type="checkbox"/> Make Connections
			<input type="checkbox"/> Review Educational Plan

Year 3

Fall	Winter	Spring	Steps for Success
Study Abroad: 15 quarter credits or equivalent semester credits of AIST/INST electives, including at least 5 credits Non-Western Humanities designated elective	UCRO 2XXX (5)	UCOR 2XXX (5)	<input type="checkbox"/> Review Educational Plan
	ECON 2130 Principles of Economics - Macro (5)	UCOR 2XXX (5)	<input type="checkbox"/> Consider Leadership Role
	INST 2600 Intro to International Politics (5)	AIST Elective Area II (5)	<input type="checkbox"/> Attend Career Events
			<input type="checkbox"/> Post Graduation Planning

Year 4

Fall	Winter	Spring	Steps for Success
UCOR 3XXX (5)	UCOR 3XXX (5)	UCOR 3XXX (5)	<input type="checkbox"/> Apply for Graduation on MySeattleU
INST 3800 Research Design and Statistics (5)	INST 4900 Senior Capstone (5)	AIST Elective Area III (5)	<input type="checkbox"/> Finalize Educational Plan
AIST 4900 Senior Capstone (5)	AIST Elective Area III (5)	AIST Elective Area III (5)	<input type="checkbox"/> Attend Career Events
			<input type="checkbox"/> Continue Post Grad Planning

University Core Requirements

UCOR classes are listed in the sample plan by what module is recommend. See below for UCOR course titles listed by Module. See my.seattleu.edu for prerequisites and www.seattleu.edu/core for course descriptions. Honors and Matteo Ricci students have different Core requirements.

Module I

UCOR 1100 Academic Writing Seminar
UCOR 1200 Quantitative Reasoning
UCOR 1300 Creative Expression & Interpretation
UCOR 1400-1440 Inquiry Seminar in the Humanities
UCOR 1600-1640 Inquiry Seminar in the Social Sciences
UCOR 1800-1840 Inquiry Seminar in the Natural Sciences

Module II

UCOR 2100 Theological Explorations
UCOR 2500 Philosophy of the Human Person
UCOR 2900-2940 Ethical Reasoning

Module III

UCOR 3100 Religion in a Global Context
UCOR 3400-3440 Humanities & Global Challenges
UCOR 3800 Natural Sciences and Global Challenges

Important Major Information

- Credits: minimum of 180
- Credits in INST: 65
- Credits in AIST: 60
- Minimum Major GPA: 2.00 (some scholarships may require higher)
- College of Arts and Sciences Requirements: 20 credits
 - HIST 1200 (section designated for INST)
 - Modern Language 1150, 1250, 1350 or demonstrated proficiency

Resources for Success

- Map out your own plan through My.SeattleU.edu
- Meet with a Career Coach from Career Engagement Office
- Sign up for academic support with Learning Assistance Programs
- Explore career options at the “What Can I Do With This Major” page
- Learn more about academic advising on the Advising Services page

Notes

- INST major electives: choose 15 credits from [approved courses](#) that are cross-listed with AIST (at least five credits must be designated Non-western Humanities)
- International students educated to age 16 in an Asian language may request a waiver of the language requirement, substituting additional approved electives in Asian Studies areas.



Use MySeattleU Student Planning to plan your courses and work closely with your academic advisor on your educational plan. You are responsible for knowing information and tracking changes.
Contact your Advising Center for support.

Arts & Sciences Advising
ASCAdvising@seattleu.edu
Seattle U Advising Services
<http://www.seattleu.edu/advising>