

Ring Gliders

For Group Recruiting Events

Time: 15-30 minutes

Supplies:

- Paper strips: 1" x 7" & 1/2" x 5" (1 each per girl)
- Non-bending straws (1 per girl)
- Tape (4 pieces per girl; you'll need a few rolls)
- Extra straws (different sizes)
- Optional: scissors, extra paper

#1: Introduce!

- Make a basic ring glider as a demo and ask them to follow:
 - 1. Tape one large strip of paper and one small strip into rings
 - 2. Tape one ring onto each end of the straw
 - 3. Hold the glider like a dart, with the small ring in front
 - 4. Toss into the air
- Ask girls to do the same, and toss it a few times

#2: Ask the Girls!

- "What did you notice about how your ring glider flew?"
- "What would you like to change about your ring glider?"
- "How will you change it? Do you need any other supplies (different straws, more paper, etc.)?"

#3: Let Them Do It!

- Encourage them as they work to make their changes
- Support them if they run into obstacles
- Cheer them on as they make additional changes (if you need to extend time)

#4: Reflect!

Ask: "What happened? What did you discover? Why do you think it happened?"

Notes:

- Typical changes include adding more rings, using a different straw, or changing the rings.
- This simple, yet fun, activity showcases the best of Girl Scouting: girls make decisions, get hands -on, and do much more than cookies, crafts, and camping—in this case, science!

