

Year 1

	Fall	Winter	Spring
Course 1	UCOR Module I (or MATH if pre-health) (5)	PSYC 1200 Introductory Psychology (5)	UCOR Module I (5)
Course 2	UCOR Module I (5)	UCOR Module I (5)	UCOR Module I (5)
Course 3	Language 1150 (5)	Language 1250* (5)	Language 1350* (5)

Steps for Success

- Meet with your Academic Advisor
- Create plan in Student Planning
- Get Involved

Year 2

	Fall	Winter	Spring
Course 1	PSYC Elective* (5)	PSYC 2400 Biopsychology* (5)	PSYC 2050 Writing for Rsrch* (5)
Course 2	UCOR Module I (5)	PSYC Elective* (5)	PSYC Elective* (5)
Course 3	HIST 1200, 1210, or 2310 (5)	UCOR Module II* (5)	UCOR Module II* (5)

Steps for Success

- Meet with an Advisor
- Plan for Study Abroad if interested
- Meet with Career Engagement Office

Year 3

	Fall	Winter	Spring
Course 1	PSYC 3030 Stats & Research I* (7)	PSYC 3050 Stats & Research II* (8)	PSYC 4030 Advanced Stats & Experimental Design* (5)
Course 2	UCOR Module II* (5)	UCOR Module III* (5)	General Elective* (5)
Course 3	General Elective (5)		PSYC 3040* or PSYC 4160* (5)

Steps for Success

- Find Internship or Research Opportunities
- Meet with Faculty Advisor
- Review Educational Plan

Year 4

	Fall	Winter	Spring
Course 1	UCOR Module III* (5)	PSYC 3700 History & Schools of Psych* (5)	PSYC 4890 Senior Seminar* (5)
Course 2	UCOR Module III* (5)	PSYC 3440* or General Elective (5)	PSYC 3040* or PSYC 4160*. If you have already completed one of these AND completed PSYC 3440, then take General Elective (5)
Course 3	General Elective (5)	General Elective (5)	General Elective (5)

Steps for Success

- Meet with Faculty Advisor
- Apply for Graduation
- Continue Post Graduation Planning

University Core Requirements

UCOR classes are listed in the sample plan as Module I, II, and III. See below for UCOR course titles listed by Module. See my.seattleu.edu for prerequisites and www.seattleu.edu/core for course descriptions. Honors and Matteo Ricci students have different Core requirements.

Module I

UCOR 1100 Academic Writing Seminar

UCOR 1200 Quantitative Thinking

UCOR 1300 Creative Expression & Interpretation

UCOR 1400 Inquiry Seminar in the Humanities

UCOR 1600 Inquiry Seminar in the Social Sciences

UCOR 1800 Inquiry Seminar in the Natural Sciences

Module II

UCOR 2100 Theological Explorations

UCOR 2500 Philosophy of the Human Person

UCOR 2900 Ethical Reasoning

Module III

UCOR 3100 Religion in a Global Context

UCOR 3400 Humanities and Global Challenges

UCOR 3600 Social Sciences and Global Challenges

UCOR 3800 Natural Sciences and Global Challenges

Degree Requirements

- Total Credits Required for Degree: 180
- Credits in Core: 60
- Credits in College: 20
 - HIST 1200, 1210 or 2310
 - Modern Language 1150, 1250, 1350 or demonstrated proficiency
- Credits in Major: 70
- GPA cumulative minimum: 2.00
- GPA major minimum: 2.00

Resources for Success

- Map out your own plan through My.SeattleU.edu
- Meet with a Career Advisor from the [Career Engagement Office](#)
- Sign up for academic support with [Learning Assistance Programs](#)
- Learn more about academic advising on the [Advising Services page](#)

Curriculum Notes

- Entry into the major requires a 2.75 grade point average.
- All majors must obtain a minimum grade of C (2.00) in PSYC 1200, 2050, 2400, 3030, 3050, 3700, 4030, and 4890, and in the two electives selected from PSYC 3040, 3440, and 4160.
- It is up to you to choose which two classes to take out of these 3 PSYC options, but you have to take two of them: PSYC 3440 Cognitive Psych (Offered WQ), PSYC 3040 Bio Basis of Learning (Offered SQ), PSYC 4160 Health Psych (Offered SQ).
- No more than 10 total credit hours of independent study and/or practicum are permitted. Up to 10 credits of courses graded CR may apply towards major.
- All majors must complete at least 30 credits in the major at SU. PSYC 2050, 2030, 3050, 4030, and 4890 must be completed at SU.
- PSYC 2050 must be taken by spring of junior year and before PSYC 3030, 3050, 3700, and 4890.
- Department recommends Statistical Thinking for UCOR-1200.
- If you're interested in going to a graduate school for health professions, such as Med School, you should take Math-1021 (or higher) instead of UCOR-1200, and should not take UCOR-1800 because it will be covered by BIOL 1610/1611, CHEM 1500/1501, PHYS 1050/1051, or PHYS 1210/1211 at least one of which you will need to take to prepare for health grad school. Talk to your advisor for more guidance.



Use MySeattleU Student Planning to plan your courses and work closely with your academic advisor on your educational plan. You are responsible for knowing information and tracking changes. Contact your Advising Center for support.

Arts & Sciences Advising
ASCAdvising@seattleu.edu

Seattle U Advising Services
<http://www.seattleu.edu/advising>