

## **Curriculum Vitae**

Naoko Nakano Brown, PhD, LMHC, NCC  
brownna@seattleu.edu

### **Education:**

PhD, Clinical Psychology: Saybrook University. Oakland, CA. 2018

Dissertation: Lived Experience of Loneliness: A Narrative Inquiry. Chair: Marc Applebaum, PhD.

MA, Psychology (Clinical Psychology Specialization): Saybrook University. Oakland, CA. 2015

MA, Psychology (Existential-Phenomenological Psychology): Seattle University. Seattle, WA. 2003

BS, Human Sciences (Human Behavioral Sciences): Kobe College. Nishinomiya, Hyogo, Japan. 2001

### **Teaching and Course Development Experience:**

2018-Present Adjunct Faculty. Masters of Arts in Counseling, Saybrook University. Pasadena, CA/Seattle, WA.

*Professional Orientation and Ethical Practice*

*Counseling Theories.*

*Career Development and Counseling. Seattle residential program.*

2011-Present Adjunct Faculty. Masters of Arts in Psychology, Seattle University. Seattle, WA. Fall quarter. *Therapeutic Skills I: Listening*

Winter quarter. *Therapeutic Skills I: Listening Therapeutic Skills II: Listening*

*Therapeutic Skills I: Listening class is a degree requirement as well as a prerequisite for Clinical Internship for MA in Psychology students at Seattle University.*

2019-2020 Adjunct Faculty/Post-doctoral teaching fellow. Doctorate of Philosophy, Clinical Psychology, Saybrook University, Pasadena, CA.

*Systems of Psychotherapy*

2015-2018 Teaching Assistant/Peer Lead. Doctorate of Philosophy in Clinical Psychology, Saybrook University. Oakland, CA.

*Graduate Colloquium (TA)*

*Assisting faculty including the program director as a student liaison. Assisting students navigating their academic programs.*

*Course syllabi review.*

*Co-author of Student handbook for the department of clinical and humanistic psychology.*

2016 Clinical Supervision course development. Doctorate of Philosophy in Clinical Psychology, Saybrook University. Oakland, CA.

*Created PSY 3055 Clinical Supervision in Psychology course including the syllabus and course assignments. This course is offered to PhD in Clinical Psychology students at Saybrook University starting Spring 2017.*

2008-2010 Co-facilitator. "Experiential Listening Group." Masters of Arts in Psychology. Seattle University. Seattle, WA.

### **Conference Presentation:**

Brown, N. N. (2019, March 9). *Lived experience of loneliness: Narrative inquiry*. 12<sup>th</sup> Giving Voice to Experience Conference, Seattle, WA.

Brown, N. N. (2015, August 1). *Back to the basics: The significance of experiential listening*. 26<sup>th</sup> International Focusing Conference, Seattle, WA.

Breitenbucher, T., Brown, N., & Halsey, K. (2011, June 4). *Reflections on the Transformational Potential of Experiential Listening*. 23<sup>th</sup> International Focusing Conference, Pacific Grove, CA.

Krycka, K., Price, C., Breitenbucher, T., & Brown, N. (2010, August 6) *The Therapy Process in Body Presencing*. 29<sup>th</sup> International Human Sciences Research Conference, Seattle WA.

### **Publication:**

Price, C., Krycka, K., Breitenbucher, T., & Brown, N. (2012). Perceived helpfulness and unfolding processes in body-oriented therapy practice. *Indo-Pacific Journal of Phenomenology*, 11(2), 1-15.

### **Professional and Peer Workshop:**

Cryder, C., & Brown, N. N. (2018, January). The importance of body in trauma treatment. Spring 2018 residential conference, Saybrook University. Monterey, CA.

Settlage, B., & Brown, N. N. (2018, January). Supervision for clinical psychologists. Spring 2018 residential conference, Saybrook University. Monterey, CA.

Brown, N. N., Cape, D., Walford, C., & Shelton, P. (2018, January). A guide to success at Saybrook University: How to maximize your resources. Spring 2018 residential conference, Saybrook University. Monterey, CA.

Settlage, B., Khalifeh, A, Brown, N. N., & Bowers, V. (2017, August). Saybrook University clinical psychology program student self-assessment and program review. Fall 2017 residential conference, Saybrook University. Monterey, CA.

Brown, N. N., Clute, K., Franquet, B., Lyvers, D., & Soliz, A. (2017, August). A guide to success at Saybrook University: How to maximize your resources. Fall 2017 residential conference, Saybrook University. Monterey, CA.

Brown, N. N., & Sisk, T. (2017, March). Navigating through the sea of uncertainty: Creating a successful Practicum and Internship experience. Spring 2017 mid-term residential conference, Saybrook University. Bellevue, WA.

Settlage, B., & Brown, N. N. (2017, January). Supervision for clinical psychologists. Spring 2017 residential conference, Saybrook University. Monterey, CA.

Brown, N. N., Cryder, C., Ockuly, M., Quinn, K. S., & Ratner, J. (2017, January). A guide to success at Saybrook University: How to maximize your resources. Spring 2017 residential conference, Saybrook University. Monterey, CA.

Brown, N. N., Cryder, C., Johnson, R. P., Quinn, K. S., & Ratner, J. (2016, August). A guide to success at Saybrook University: How to maximize your resources. Fall 2016 residential conference, Saybrook University. San Francisco, CA.

Brown, N. N. (2016, January). Introduction to Focusing (oriented psychotherapy). Spring 2016 residential conference, Saybrook University. San Francisco, CA.

Brown, N. N., Cryder, C., & Settlage, B. (2015, August). Experiential listening. Fall 2015 residential conference, Saybrook University. San Francisco, CA.

Cryder, C., Brown, N. N., & Settlage, B. (2015, August). Technology and me. Fall 2015 residential conference, Saybrook University. San Francisco, CA.

### **Training:**

2019            Becoming an approved Clinical Supervisor. 15-hour training workshop. Instructor: Yvonne Owen, PhD. Cascadia Training Associates, Seattle, WA

2008-2011    Focusing Trainer-in-Training. The Focusing Institute, NY.

### **Clinical Experience:**

2020-Present    Psychotherapist/Clinical Supervisor. Seattle Counseling and Wellness. Seattle, WA.

Individual and couples psychotherapy.

Providing clinical supervision for LMHCAs (limited licensure clinicians) and licensed clinicians.

2006-Present    Psychotherapist. Psychotherapy Private Practice. Seattle, WA.

Individual and couples psychotherapy.

2018-2020 Post-doctoral Resident/Psychotherapist/Clinical Supervisor. Seattle Counseling and Wellness. Shoreline, WA.  
Individual and couples psychotherapy.  
Providing clinical supervision for LMHCA (limited licensure clinician).

2018-2018 Psychotherapist/Pre-doctoral Internship. University of Washington, Bothell. Bothell, WA.  
Individual counseling and a process group for college students at the counseling center.

2016-2017 Therapist/Pre-doctoral Internship. River Valley Psychological Services. Issaquah, WA.  
Individual, couples, and family psychotherapy.

2015-2016 Clinical Practicum. Counseling Center, University of Washington, Bothell. Bothell, WA.  
Individual counseling and a process group for college students at the counseling center.

2014-2016 Clinical Supervisor. The Psychotherapy Cooperative. Seattle, WA

2009-2013 Psychotherapist. The Psychotherapy Cooperative. Seattle, WA.  
Individual psychotherapy.

2003-2006 Externship/Intake Psychotherapist. Family Services of King County. Seattle, WA.  
Individual, Couples, and Child psychotherapy. Phone intake/screening/scheduling/referral.

2002-2003 Internship. Family Services of King County. Seattle, WA.  
Individual, Couples, and Child psychotherapy. Phone intake/screening/scheduling/referral.

2000-2001 Clinical Practicum. Daihatsu Co. Osaka, Japan.  
Mental health workshop assistant for management.

**Other Experience:**

2006-Present Owner. Psychotherapy Private Practice. Seattle, WA.

2010-2013 Board of Directors. The Psychotherapy Cooperative. Seattle, WA.

2008-2010 Co-facilitator. "Experiential Listening Group." Seattle University. Seattle, WA.

1997-2001 Member, Chapter Director. International Student Association of Japan. Japan

**License and Certification:**

Licensed Psychologist (024478). New York State

Licensed Mental Health Counselor (LH60074769). Washington State.

Certified Focusing Professional. The Focusing Institute. NY

Certified Focusing-Oriented Therapist. The Focusing Institute. NY

National Certified Counselor. The National Board for Certified Counselors. Greensboro, NC.

**Fellowship:**

2001 Cross Cultural Institute Graduate Fellow. The Cross Cultural Institute of Kobe College Corporation. Chicago, IL.

**Professional Affiliation:**

National Board for Certified Counselors  
The Focusing Institute