

**Alexandra Adame, Ph.D.**  
Professor of Psychology  
Seattle University  
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**EDUCATION**

- 2006-2010 **Miami University, Oxford, Ohio**  
Doctor of Philosophy, Clinical Psychology
- 2009-2010 **SUNY Upstate Medical University, Syracuse, New York**  
Pre-Doctoral Clinical Psychology Internship
- 2004-2006 **Miami University, Oxford, Ohio**  
Master of Arts, Clinical Psychology
- 2000-2004 **Mount Holyoke College, South Hadley, Massachusetts**  
Bachelor of Arts, Psychology, *Magna Cum Laude*

**FELLOWSHIPS, GRANTS & AWARDS**

- 2022 *Summer Faculty Fellowship.* Awarded by Seattle University in support of faculty research projects.
- 2018 *Premera Blue Cross Grant Support* (\$10,000). Behavioral health grant awarded to Plymouth Housing that helped support my consultation work.
- 2013 *Summer Faculty Fellowship.* Awarded by Seattle University in support of faculty research projects.
- 2010 *Student Paper Award.* Awarded by the Constructivist Psychology Network. Award given for excellence in conference presentation paper.
- 2009 *Sidney M. Jourard Memorial Student Award.* Awarded by American Psychological Association, Division 32. Award given for excellence in humanistic psychology research.
- 2008-2009 *Dissertation Scholarship.* Award given annually by Miami University to one graduate student in the Psychology Department and provides full funding for the academic year.
- 2008 *Capretta Scholarship,* Awarded by Miami University Psychology Department, 2008. Award given for excellence in student research.
- 2005 & 2006 *Letter of Commendation,* Awarded by Miami University Psychology Department for excellent academic performance.

**PUBLICATIONS***7 h-index**132 Citations***Peer Reviewed Journals [\* indicates SU student collaborators]**

1. Adame, A. L., \*Pierce, E., \*Jimenez, A., \*Shelby, T., \*Parks, D. (2024). How does self-identity change in eating disorder recovery? *Journal of Humanistic Psychology*, 1-27, DOI: 10.1177/00221678241255264
2. Adame, A. L. (2022). Self-in-relation: Martin Buber and D.W. Winnicott in dialogue. *The Humanistic Psychologist*, 50(3), 376-388.
3. Adame, A. L., \*Perry, C., & \*Pierce, E. (2020). Community and housing first: A qualitative analysis of U.S.A. residents' perspectives. *Health and Social Care in the Community*, 28(4), 1292-1300.
4. \*Cvetovac, M. E., & Adame, A. L. (2017). The wounded therapist: Understanding the relationship between personal suffering and clinical practice. *The Humanistic Psychologist*, 45(4), 348-366.
5. Adame, A. L. (2016). "Present through it all": A qualitative exploration of psychotherapy and psychosis. *Journal of Humanistic Psychology*, 59(6), 859-876.
6. Zerubavel, N., & Adame, A. L. (2014). Fostering dialogue in psychology: The costs of dogma and theoretical preciousness. *Qualitative Research in Psychology*, 11, 178-188.
7. Adame, A. L. (2014). "There needs to be a place in society for madness": The psychiatric survivor movement and new directions in mental health care. *Journal of Humanistic Psychology*, 54, 456-475.
8. Adame, A. L. (2012). The disappointed evangelist: Or, how I learned to stop worrying and love ambiguity. *Reflective Practice: International and Multidisciplinary Perspectives*, 13, 597-608.
9. Adame, A. L. (2011). Negotiating discourses: The dialectical identities of survivor-therapists. *The Humanistic Psychologist*, 39, 324-337.
10. Adame, A. L., Leitner, L. M., & Knudson, R. M. (2011). A poetic epiphany: Explorations of aesthetic forms of representation. *Qualitative Research in Psychology*, 8, 1-10.
11. Adame, A. L., & Leitner, L. M. (2011). Dialogical constructivism: Martin Buber's enduring relevance to psychotherapy. *Journal of Humanistic Psychology*, 51, 41-60.
12. Adame, A. L. & Leitner, L. M. (2009). Reverence and recovery: Experiential personal construct psychotherapy and transpersonal reverence. *Journal of Constructivist Psychology*, 22, 253-267.
13. Adame, A. L., & Leitner, L. M. (2008). Breaking out of the mainstream: The evolution of peer support alternatives to the mental health system. *Ethical Human Psychology and Psychiatry*, 10, 146-162.
14. Adame, A. L., & Knudson, R. M. (2008). Recovery and the good

- life: How psychiatric survivors are revisioning the healing process. *Journal of Humanistic Psychology*, 48, 142-164.
15. Adame, A. L., & Knudson, R. M. (2007). Beyond the counter-narrative: Exploring alternative narratives of recovery from the psychiatric survivor movement. *Narrative Inquiry*, 17, 157-178.
  16. Knudson, R. M., Adame, A. L., & Finocan, G. M. (2006). Significant dreams: Repositioning the self narrative. *Dreaming*, 16, 215-222.
  17. Adame, A. L., & Hornstein, G. A. (2006). Representing madness: How are subjective experiences of emotional distress presented in first-person accounts? *The Humanistic Psychologist*, 34, 135-158.

### **Book**

1. Adame, A. L., Bassman, R., Morsey, M., & Yates, K. (2017). *Exploring identities of psychiatric survivor therapists: Beyond us and them*. Palgrave Macmillan.

### **Book Chapters**

1. Adame, A. L. (2015). Martin Buber and Emmanuel Levinas. In G. Kunz, K.C. Krycka, & G. Sayre (Eds.), *Psychotherapy for the other: Levinas and the face-to-face relationship* (pp. 79-96). Pittsburgh, PA: Duquesne University Press.
2. Adame, A. L., Pavlo, A. J., Smith, B. M., Schielke, H. J., & Leitner, L. M. (2009). Reflexivity, research, and practice: Explorations in experiential personal construct psychotherapy. In R. Butler (Ed.), *On reflection: Emphasizing the personal in personal construct theory* (pp. 375-388). Chichester, UK: Wiley.

### **Book Reviews**

1. Adame, A. L. (2015). Constructing a thoughtful formulation: A review of *Formulation in psychology and psychotherapy: Making sense of people's problems (2<sup>nd</sup> ed)*. *Journal of Constructivist Psychology*, 28, 97-99.
2. Leitner, L. M., & Adame, A. L. (2007). Mainstream alternative treatments of emotional distress [A review of *Complementary and alternative treatments in mental health care*]. *PsycCRITIQUES—Contemporary Psychology: APA Review of Books*, 52 (No. 32).
3. Smith, B. M., & Adame, A. L. (2006). Qualitative research methods for psychologists: Introduction through empirical studies [book review]. *The Humanistic Psychologist*, 34, 299-302.

### **Conference Presentations [\* indicates SU student collaborators]**

1. Raskin, J., Bridges, S. K., Langelini, F., & Adame, A. (August, 2024). Constructive Therapies in Action: Useful Strategies for Everyday Practice. Symposium presented at the American Psychological Association Convention. Seattle, Washington.
2. Adame, A. L. (March, 2024). Sitting with Uncertainty: How Mortality Salience Impacts the Lives of Cancer Patients and their Healthcare Teams. Paper presented at the 17<sup>th</sup> Annual Conference of the Society for Humanistic Psychology. Ann Arbor, Michigan.
3. \*Pierce, E., \*Jimenez, A., \*Shelby, T., \*Parks, D., & Adame, A.L. (March, 2023).

- Constructions of Healing: How Does the Self Change After Disordered Eating?  
Paper presented the 16<sup>th</sup> Annual Conference of the Society for Humanistic Psychology. Albuquerque, New Mexico.
4. Adame, A. L. (March, 2023). Embodying Uncertainty: How Accepting Doubt Can Help Us Heal. Paper presented the 16<sup>th</sup> Annual Conference of the Society for Humanistic Psychology. Albuquerque, New Mexico.
  5. Adame, A. L., \*Pierce, E., \*Shelby, T., \*Parks, D., \*Jimenez, A., & \*Jung, W. (August, 2022). Self-Identity and Eating Disorder Recovery: A Qualitative Analysis. Virtual Poster presented at American Psychological Association Convention. Minneapolis, MN.
  6. Adame, A. L., \*Perry, C., & \*Pierce, E. (March, 2019). What Does Community Mean To You? Staff and Resident Perspectives From a Housing First Organization. Paper presented at the 12<sup>th</sup> Annual Conference of the Society for Humanistic Psychology. Corvallis, Oregon.
  7. Adame, A. L., Bassman, R., Morrissey, M., & Yates, K. (August, 2018). Healing and Self-Determination. Paper presented at King County Recovery and Wellness Conference. Seattle, WA.
  8. Adame, A. L. (March, 2018). Whose Voice? Whose Experience? A Researcher's Reconciling with Subjectivity. Paper presented at the 11<sup>th</sup> Annual Giving Voice to Experience Conference, Seattle, WA.
  9. Adame, A. L., Bassman, R., Morsey, M., & Yates, K. (April, 2017). Beyond Us and Them: Perspectives of Psychiatric Survivor Therapists. Paper presented at the 10<sup>th</sup> Annual Conference of the Society for Humanistic Psychology. Pittsburgh, PA.
  10. Adame, A. L., Bassman, R., Morsey, M., & Yates, K. (October, 2016). The Psychiatric Survivor Dual Identity. Paper presented at the 15<sup>th</sup> Annual International Society for Psychological and Social Approaches to Psychosis (US Chapter). Boston, MA.
  11. Adame, A. L. (March, 2015). Movement Towards Life: An Exploration of Therapeutic Dialogue. Paper presented at the 19<sup>th</sup> Annual International Society for the Study for Psychological and Social Approaches to Psychosis (International Chapter). New York, NY.
  12. Adame, A. L. (September, 2014). A Different Kind of Understanding. Paper 1 presented at the 32<sup>nd</sup> Annual National Association for Rights Protection and Advocacy Conference. Seattle, WA.
  13. Adame, A. L. (August, 2014). "I Have to be Present Through it All": A Qualitative Exploration of Psychotherapy and Psychosis. Paper presented at the 33<sup>rd</sup> Annual International Human Science Research Conference, Antigonish, Nova Scotia.
  14. \*Cvetovac, M. E., & Adame, A. L. (April, 2014). The Wounded Therapist: Understanding the Relationship Between Personal Suffering and Clinical Practice. Paper presented at the 7<sup>th</sup> Annual Giving Voice to Experience Conference, Seattle, WA.
  15. Adame, A. L. (March, 2014). A Different Kind of Understanding: A Qualitative Exploration of Psychotherapy and Psychosis. Paper presented at the Seventh Annual Society for Humanistic Psychology Conference, Palo Alto, CA.
  16. \*Cvetovac, M. E., & Adame, A. L. (March, 2014). The Wounded Therapist:

- Understanding the Relationship Between Personal Suffering and Clinical Practice. Paper presented at the Seventh Annual Society for Humanistic Psychology Conference, Palo Alto, CA.
17. Adame, A. L. (February, 2013). "I'm Certain That I Don't Know": Exploring the Phenomenology of Psychosis. Paper presented at the Sixth Annual Society for Humanistic Psychology Conference. Santa Barbara, CA.
  18. Adame, A. L. (September, 2012). Constrained by Language: How to Write About Schizophrenia While Simultaneously Rejecting the Diagnostic Category. Paper presented at the 30<sup>th</sup> Annual National Association for Rights Protection and Advocacy Annual Conference, Cincinnati, OH.
  19. Adame, A. L. (June, 2012). Dialogical Responsibility: A Theoretical Dialogue Between the Work of Martin Buber and Emmanuel Levinas. Paper presented at the 31<sup>st</sup> Annual International Human Science Research Conference, Montreal, Quebec.
  20. Adame, A. L. (October, 2011). "Compassion for Things I'll Never Know:" The Philosophical Basis of Transpersonal Responsibility. Paper presented at the 9<sup>th</sup> Annual Psychology for the Other Seminar, Seattle, WA.
  21. Adame, A. L. (September, 2011). Dialoguing Across Difference: Exploring the Identities of Survivor-Therapists. Paper presented at the 29<sup>th</sup> Annual National Association for Rights Protection and Advocacy Annual Conference. Philadelphia, PA.
  22. Adame, A.L., Leitner, L.M., & Faidley, A.J. (July, 2011). The Call of the Other: A Philosophical Elaboration of the Integral Universe. Paper presented at the 19<sup>th</sup> International Congress on Personal Construct Psychology. Boston, MA.
  23. Adame, A. L. (April, 2011). From Difference to Dialogue: How Psychiatric Survivor-Therapists find Common Ground. Paper presented at the Fourth Annual Society for Humanistic Psychology Conference. Chicago, IL.
  24. Adame, A. L., & Leitner, L. M. (July, 2010). Dialogical Constructivism: A Relational-Existential Approach to Psychotherapy. Paper presented at the 14<sup>th</sup> Biennial Conference of the Constructivist Psychology Network. Niagara Falls, NY.
  25. Adame, A. L. (July, 2010). Exploring the Identities of Psychiatric Survivor-Therapists. Paper presented at the 14<sup>th</sup> Biennial Conference of the Constructivist Psychology Network. Niagara Falls, NY.
  26. Adame, A. L., & Leitner, L. M. (October 2009). Beyond Us and Them: What it Means to Identify as a Psychiatric Survivor and Mental Health Professional. Paper presented at the 12<sup>th</sup> Annual Conference of the International Center for the Study of Psychiatry and Psychology. Syracuse, NY.
  27. Adame, A. L. (August 2009). Negotiating Discourses: How Psychiatric Survivor-Therapists Construe Their Dialogical Identities. Paper presented at the 117<sup>th</sup> Annual Conference of the American Psychological Association. Toronto, Canada.
  28. Adame, A. L., Leitner, L. M., & Pavlo, A. J. (October 2008). Relational Devastation, Psychological Suffering, and Healing Through Meeting: Experiential Personal Construct Understandings of Extreme Experiences. Paper presented at the 11<sup>th</sup>

- Annual Conference of the International Center for the Study of Psychiatry and Psychology. Tampa, FL.
29. Adame, A. L., Pavlo, A., Smith, B. M., Schielke, H. J., & Leitner, L. M. (June 2008). Reflexive Explorations: Reflections on the Influence of Experiential Personal Construct Psychotherapy. Paper presented at the 13<sup>th</sup> Biennial Conference of the Constructivist Psychology Network. University of Victoria, British Columbia.
  30. Adame, A. L., & Leitner, L. M. (June 2008). Negotiating Discourses: Construing the Dialogical Identities of Psychiatric Survivor-Therapists. Paper presented at the 13<sup>th</sup> Biennial Conference of the Constructivist Psychology Network. University of Victoria, British Columbia.
  31. Adame, A. L., Pavlo, A., Smith, B. M., Schielke, H. J., & Leitner, L. M. (April 2008). Reflexivity, research, and practice: Explorations in experiential personal construct psychology. Paper presented at the 3<sup>rd</sup> Annual Qualitative Research Symposium. Miami University, Oxford, OH.
  32. Adame, A. L., & Leitner, L. M. (March 2008). I and Thou: Addressing Self-Other Permanence Struggles Within the Therapeutic Relationship. Paper presented at the 9<sup>th</sup> Annual Meeting for the International Society for the Psychological Treatments of Schizophrenia and Other Psychoses. New York University, New York City, NY.
  33. Adame, A. L., & Leitner, L. M. (July 2007). Reverence and Recovery: Experiential Personal Construct Psychotherapy and Transpersonal Reverence. Paper presented at the 17<sup>th</sup> International Congress on Personal Construct Psychology. Brisbane, Australia.
  34. Adame, A. L., Pavlo, A., Smith, B. M., Schielke, H. J., & Leitner, L. M. (July 2007). Self-Other Permanence in Psychotherapy. Paper presented at the 17<sup>th</sup> International Congress on Personal Construct Psychology. Brisbane, Australia.
  35. Knudson, R. M., Monson, P., Finocan, G., & Adame, A. L. (June 2007). Improvisations on the stage of the dream. Paper presented by Roger Knudson at the 24<sup>rd</sup> Annual Conference of the International Association for the Study of Dreams. Sonoma State University, California.
  36. Adame, A. L., & Knudson, R. M. (May 2007). Re-Visioning Recovery: How the Psychiatric Survivor Movement is Redefining Recovery from Psychological Distress. Paper presented at the 3<sup>rd</sup> International Congress of Qualitative Inquiry, University of Illinois at Urbana-Champaign, Urbana, IL.
  37. Adame, A. L. (April 2007). Performance Texts and the Co-Constructed Nature of Interpretation. Paper presented at the 2<sup>nd</sup> Annual Qualitative Research Symposium, Miami University, Oxford, OH.
  38. Schielke, H. J., Adame, A. L., Pavlo, A., Smith, B. M., & Leitner, L. M. (April 2007). Catalytic Validity for the Experiential Constructivist Researcher: How Qualitative Research Changes Us. Paper presented at the 2<sup>nd</sup> Annual Qualitative Research Symposium, Miami University, Oxford, OH.
  39. Adame, A. L. (July 2006). Constructions of Healing: Exploring the Counter-Narratives of Recovery from the Psychiatric Survivor Movement. Paper presented at the 12<sup>th</sup> Biennial Conference of the Constructivist Psychology Network, California State University San Marcos, San Diego, CA.
  40. Adame, A. L. (May 2006). The Politics of Recovery. Paper presented at the 2<sup>nd</sup>

- International Congress of Qualitative Inquiry, University of Illinois at Urbana-Champaign, Urbana, IL.
41. Adame, A. L. (April 2006). Surviving the Medical Model: A Narrative Inquiry of Psychiatric Survivors' Experiences of Recovery. Paper presented at the 1st Annual Qualitative Research Symposium, Miami University, Oxford, OH.
  42. Knudson, R. M., Adame, A. L., & Finocan, G. M. (June, 2005). The Significant Dream, Autobiographical Memory and Narrative Self. Paper presented by Roger Knudson at 22<sup>nd</sup> Annual Conference of the International Association for the Study of Dreams, Berkeley, CA.
  43. Adame, A. L. (May 2005). Recovered Voices, Recovered Lives: A Narrative Analysis of Psychiatric Survivors' Experiences of Recovery. Paper presented at 1<sup>st</sup> International Congress of Qualitative Inquiry, University of Illinois at Urbana-Champaign, Urbana, IL.
  44. Adame, A. L. (April 2005). Representing Madness: Subjective Experiences of Emotional Distress in First-Person Accounts. Paper presented at 1<sup>st</sup> Annual Duquesne University Psychology Graduate Conference, Duquesne University, Pittsburgh, PA.
  45. Adame, A. L. (April 2004). Representing Madness: Subjective Experiences of Emotional Distress in First-Person Accounts. Paper presented at the 57<sup>th</sup> Annual Undergraduate Psychology Research Conference, Mount Holyoke College, South Hadley, MA.

### **INVITED PRESENTATIONS**

- Faculty Lightning Talk (Fall, 2022)
- Invited Presentation for SU Master of Arts Lecture Series (Winter, 2020)
- Invited Presentation on Trauma-Informed Care & Compassion Fatigue at Plymouth Housing (Spring, 2019)
- Invited Presentation on Community Building at Plymouth Housing (Summer, 2019)
- Invited Presentation at Plymouth Housing All-Staff Meeting (Fall, 2016)
- Panel Speaker at SU Mental Health Awareness Event (May, 2019)
- Invited Presentation at Mount Holyoke College (Fall, 2018)
- Presented at Faculty Works in Progress (Arts & Sciences) (2011 & 2021)
- Invited Presentation at The Psychotherapy Cooperative (Spring, 2011)
- Panel Speaker at Psi Chi Child Trauma Discussion Night (Fall, 2011)
- Panel Speaker for Psi Chi Film Screening & Discussion (Fall, 2010)
- Speaker at Psi Chi Graduate School Information Night (2010-2017)

### **GUEST LECTURES**

- Guest Lecture for SU English Course (Fall, 2021)
- Guest Lecture for SU Law School Seminar (Winter, 2020)
- Guest Lecture for Introduction to Psychology (2016, 2018, 2021)
- Guest Lecture in Therapeutic Communications (Spring, 2013 & 2015)
- Guest Lecture for Biopsychology (Spring, 2011 & 2015)
- Guest Lecture in SU Community Counseling Seminar (Winter, 2013)
- Guest Lecture at Evergreen State College (Fall, 2013)

## **COURSES TAUGHT**

### **Undergraduate Level**

Introduction to Psychology (2010-Present)  
Writing for Research in Psychology (2012-Present)  
Life Story Research (Qualitative Research) (2012-Present)  
Senior Seminar (2016-Present)  
Introduction to Counseling (2011-2017)  
Group Dynamics (2011)  
Department Honors Program Director (2012)

### **Graduate Level (\*Developed new course)**

\*Psychotherapy: Theory & Practice (2020-2023)  
\*Community Consultation & Advocacy (2016, 2019 & 2021)  
World of the Clinic (2010, 2014, 2018)  
Clinical Supervision Seminar (2010-2016)  
Therapeutic Communications (2010)

## **SEATTLE UNIVERSITY SERVICE**

### **University**

Sullivan Scholarship Committee (2014-2019)  
New Faculty Institute Panel Speaker (Fall, 2015 & 2020)  
University Assessment Committee Rubric Review (2013)

### **College**

College Rank and Tenure Committee (2022-2025)  
APPR Focus Group Committee (2020)  
Communications Department Tenure Track Hiring Committee (External Member) (2017 & 2018)  
College Curriculum Committee (2012-2014)  
Selection Committee for NAEF Scholarship Program (2011)

### **Department**

Chair of Inclusive Teaching Practices (2024-Present)  
Chair of Department Curriculum Committee (2020-2023)  
Co-Chair of Department DEI Committee (2020-2023)  
Lead Coordinator of Psychology Undergraduate Research Symposium (2019 & 2020)  
Lead Organizer and Grant Writer (\$30,000 award) for the Kathryn Donaghue Foundation Lecture Series (2015-2019)  
Masters of Psychology Assessment Chair (2015-2020)  
Master's of Psychology Curricular Revision Committee (2018)  
Master's in Psychology Admissions Committee Co-Chair (2016-2020)  
Lead Organizer of Levinas Psychology for the Other Conference (2011 & 2012)  
Psi Chi Faculty Advisor (2011-2017)  
Subject Pool Development Committee (2010-2011)



## **PROFESSIONAL SERVICE ROLES**

Division 32 (American Psychological Association) Member at Large (2022-2025)

Editorial Board *Journal of Humanistic Psychology* (2019-Present)

Participated in the Community Engagement Justice Fellows Program (2017)

Board Member of National Association of Rights Protection and Advocacy  
(2012-2015)

NARPA Seattle Conference Planning Committee (2013-2014)

Peer Reviewer:

*Journal of Humanistic Psychology*

*The Humanistic Psychologist*

*Psychosis*

*Journal of Psychosocial Rehabilitation and Mental Health*

*Reflective Practice*

*Social Movement Studies*

*Human Development, Disability, and Social Change*

*Narrative Inquiry*

*Psychology & Psychotherapy: Theory, Research, and Practice*

*Qualitative Research in Sport, Exercise and Health*

*Qualitative Psychology*

*Social Behavior and Personality*